

# **2022 - 2024 CODE OF POINTS**

## **Teamgym Seniors and Juniors**

**Swedish version 1.3  
January 2023**

## Introduction

This Code of Points applies to both Junior and Senior Competitions.

This version of the code has been substantially changed in an attempt to make the judging easier and fairer. It takes into account the following aspects:

- Revised difficulties to balance the three apparatus
- Increased clarification of requirements
- Increased element specification
- Recent developments
- Feedback from the Technical Discussions
- Feedback from various Federations and individuals

The code is divided into four parts:

- Part I The CoP and Rules for Participants
- Part II Evaluation of the Exercises
- Part III Apparatus
- Part IV Appendices

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### Modifications in the Swedish version

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The Swedish Technical committee for TeamGym (TTK) is responsible for the national modifications of the Code of Points.

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SWE This is a copy of the European Gymnastics TeamGym Code of Points including Swedish modifications. Changed sections are marked SWE in the left column.

## ABBREVIATIONS

The following abbreviations will appear throughout the Code of Points:

	A	Acrobatic Elements
	C Score	Composition Score
	CD Panel	Composition and Difficulty Panel
	CF	Moving Curved Formation
	CoP	Code of Points (Code)
	D Score	Difficulty Score
	DB	Dynamic Balance
	DD	Difficulty Distribution
	DV	Difficulty Value
	DS	Difficulty Element in Moving Sequence
	E Panel	Execution Panel
	E Score	Execution Score
	EC	Executive Committee
	F	Flexibility Element
	G	Group Element
	HB	Hand Supported Balance
	J	Jumps, Hops and Leaps
	JoA	Jury of Appeal
	LOC	Local Organizing Committee
SWE	RR	Redskapsreglemente Truppgymnastik
	RS	Rhythmic Sequence
	SB	Standing Balance
SWE	SEC	Secretary
	TB	Tävlingsbestämmelser
SWE	TC-TG	European Gymnastics TeamGym Technical Committee
SWE	TR	Swedish Technical Regulations (Tekniskt reglemente)
	TTK	Swedish Technical Committee for TeamGym

## EUROPEAN GYMNASTICS CODE UPDATES

After the Official European Gymnastics Competition, the European Gymnastics/TC-TG publishes a Code Update

- This will include any new elements and variations with code numbers and illustrations
- The Code Update will be sent by the European Gymnastics Office to all affiliated Federations together with the effective date from when it is valid

**PART I**

**THE CoP AND  
RULES FOR PARTICIPANTS**

**SECTIONS 1-5**



# PART I - THE CoP AND RULES FOR PARTICIPANTS

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## SECTION 1 – THE TEAMGYM CODE OF POINTS (CoP)

### Art 1 TeamGym and the CoP

#### 1.1 What is TeamGym?

TeamGym is a gymnastic discipline developed by European Gymnastics from a competition format that originated in Scandinavia.

It is a competition for teams, which must present performances to music, on three apparatus: Floor, Tumble and on Trampet (mini-trampoline).

There are Male teams, Female teams and Mixed teams (half male and half female), in both Junior and Senior categories. Each team may consist of between 8 and 12 gymnasts. Exceptions to the allowed number of gymnasts are specified in the TB (Tävlingsbestämmelser).

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#### 1.2 Purposes of the Code of Points (CoP)

The purposes of the Code of Points are to:

- Provide the basis of an objective means of evaluating TeamGym exercises, at all levels of regional, national, and international competitions
- Standardize the judging of the official competitions
- Assure the identification of the best teams in any competition
- Guide coaches and gymnasts in the composition of competition exercises

#### 1.3 Configuration of the CoP

This code is divided into 4 parts, which cover:

- The CoP and Rules for Participants
- Evaluation of the Exercises
- Rules per Apparatus
- Appendices

The parts are divided into 10 Key Sections, which are subdivided into 32 Articles.

#### SWE 1.4 Technical Regulations (TR) and Tävlingsbestämmelser (TB)

The Technical Regulations and the TB contain additional information covering such things as delegation composition, number of gymnasts, reserves, inquiries, juries, etc.

## SECTION 2 – REGULATIONS FOR GYMNASTS

### Art 2 Rights of the Team

#### SWE 2.1 The Team is Guaranteed the Right to:

- a) Have their performance judged correctly, fairly, and in accordance with the stipulations of the Code of Points
- b) Receive in writing the evaluation of the difficulty rating for a submitted new element within a reasonable time
- c) Have their score publicly displayed, following their performance or in accordance with the specific regulations governing that competition
- d) Repeat their entire exercise, if it has been interrupted for reasons beyond their control or responsibility, with permission of the TTK. They may repeat the entire exercise at the end of the rotation, or if they are the last Team in the rotation, at a time at the discretion of the TTK
- e) Receive, through their delegation leader, the correct result output, showing all their scores received in the competition

#### 2.2 The Team has the Right to:

- a) Use magnesium (chalk) on all apparatus
- b) Have the coach check the settings of the Trampet and Vault
- c) Have the coach move the additional safety mat during their performance on Trampet or Tumble
- d) Have apparatus and mats that conform to the specifications and norms for national competitions (RR).

#### 2.3 Warm-up in Qualifying & Final

- a) Each competing team (including reserves) is entitled to a warm-up according to the TB
- b) The end of the warm-up period is signalled by an announcement of the next team on each apparatus. If at this time, a gymnast is still on the apparatus, they may complete the single element or series started. Gymnasts may not start another run

#### 2.4 Award Ceremony Attire

To participate in the respective Award Ceremony, according to the TB.

### Art 3 Responsibilities of the Gymnasts

#### 3.1 Know the Code

Gymnasts should be fully aware of the Code of Points and other relevant documents and to conduct themselves accordingly.

## Art 4 Duties of the Gymnasts

### 4.1 General

- SWE
- a) One gymnast from the Team may present to the E1 judge, in the proper manner (arm/s up), when the green flag (or light) is shown
  - b) To refrain from changing the height of any apparatus
  - c) To refrain from speaking with active judges during the competition
  - d) To refrain from delaying the competition by not being responsive to the instructions of the competition director
- SWE
- e) To refrain from any other undisciplined or abusive behaviour or infringing on those of any other participant (i.e. damaging any apparatus surface)

### 4.2 Competition Attire

#### 4.2.1 Gymnasts

- SWE
- Gymnasts must wear sportive, non-transparent attire. A neat and proper athletic appearance should be the overall impression, with the clothing being identical for members of the same team, with some exceptions for mixed teams (see 4.2.4). Clothing must not be baggy or loose. Deductions applied by the E1 judge for a) to e) are marked with (E1) and by the TTK for f) and g) marked with (TTK).
- a) The wearing of gymnastic footwear is optional for each gymnast for tumble/trampet. However, if footwear is chosen for floor the whole team must wear the same (E1)
  - b) Bandages (including joint supports) are permitted but must be securely fastened and of a non-intrusive colour. Bandages can also be hidden under the competition clothing. Visible bandages shall always have the same colour as the area they cover (E1)
  - c) No jewellery of any kind may be visible. Decorated hair grips (slides), ear studs and piercings are classed as jewellery (E1)
  - d) Body paint is not allowed (tattoos are not deductible) (E1)
  - e) Loose items such as belts, suspenders/braces and laces are not allowed (E1).
    - Hair grips must be secure and safe (E1)
    - Competition numbers must not be loose or missing (E1)
  - f) The wearing of national emblem is optional on each apparatus, but if chosen they must be worn by entire team (TTK)
- SWE
- g) Advertising must follow the Swedish Technical Regulations (TTK)

## 4.2.2 Women

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Gymnasts must wear a leotard or unitard (one-piece leotard) with no loose parts. Wearing leggings of any length is optional. Deductions by the TTK as shown by (TTK).

- a) The neckline of the front and back of the leotard/unitard must be proper, that is no further than half of the sternum at the front and no lower (further) than the lower line of the shoulder blades (TTK)
- b) Leotards/unitards may be with or without sleeves. Shoulder strap width must be minimum 2 cm (TTK)
- c) The leg cut of the leotard may not extend beyond the hip bone (maximum) (TTK)
- d) The length of arms is optional, as well as the length of legs of unitards and leggings. They must be skin tight over whole leg – not baggy at all (TTK)
- e) The leggings may be worn under or over the leotard (TTK)

## 4.2.3 Men

Gymnasts must wear a leotard, unitard or a gymnastic sports shirt, with fitted long trousers (gymnastics shorts are also an option) (TTK).

The top of the men's attire must not have an open cut below half of the sternum at the front or below the shoulder blade at the back (TTK).

## 4.2.4 Mixed

The women and men must follow the rules in 4.2.2 and 4.2.3 respectively (TTK).

Women's and men's clothing do not have to be identical, or even similar, but all women must wear identical clothing, as do all men e.g., women can wear one colour and men a different one (TTK).

## 4.2.5 Competition Numbers

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Competition numbers are used to identify the gymnasts for the audience, the press and TTK. Exceptions to the use of competition numbers are regulated in the TB. The team must provide and wear numbers (1 to 20) to identify their gymnasts. If the whole team have no numbers, the deduction is made by the TTK. Individual missing or loose numbers are covered by the E1.

- a) Numbers must be the same size and same font. The numbers must be clear, from 8 mm to 10 mm thick and approximately 8 cm high (TTK)
- b) Placing the numbers (TTK):
  - When wearing long trousers, leggings or unitard, the numbers must be placed on both thighs, at the side, on the upper part of the thigh
  - When wearing shorts, the numbers must be placed at both sides, as low as possible
  - When wearing only a leotard (no trousers, shorts or leggings) the numbers must be placed at both sides, above the hipbone

- c) Numbers must differentiate clearly from the background (e.g. white numbers on black trousers) (TTK)

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## Art 5 Penalties for Unacceptable Behaviour

- a) The penalty for a violation of the rules and expectations in Art 4 is -0.30 for behavioural violations and apparatus related violations (TTK)
- b) The penalty is deducted by the delegate of TTK, from the Final Team Score (TTK)
- c) In extreme cases, the gymnast, team or coach may be expelled from the competition hall, by the TTK, in addition to suffering the specified penalty (TTK)

<b>Gymnast Behaviour Related Violations covered by TTK (May be notified by the E1)</b>	
<b>Violation</b>	<b>Penalty</b>
Unauthorised remaining in the Competition Hall	0.30 per item from the Final Team Score
Other undisciplined or abusive behaviour	
Incorrect use of national identification or emblem and/or wrong placement	
Incorrect advertising	
Incorrect competition attire	
Whole team missing/incorrect competition numbers	

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<b>All other penalties are covered by the E1</b>	
<b>Violation</b>	<b>Penalty</b>
Violations of attire <ul style="list-style-type: none"> <li>▪ Missing a number</li> <li>▪ Incorrect attire – jewellery, bandage colour, body paint or footwear, etc.</li> </ul>	Deductions are taken on the Final Apparatus Score. See 24.7, 28.6 and 32.6

## SWE Art 6 The Athletes' Oath

Does not apply.

## SECTION 3 – RULES FOR COACHES

### Art 7 Rights of the Coaches

#### 7.1 The Coach is Guaranteed the Right to:

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- a) Submit written requests related to the rating of a new element
- b) Have up to five coaches present on all apparatus, during training and warm up.
- c) Submit written details of apparatus set up
  - Which Trampet required
  - Height of Trampet and Distance from the Vault
  - Height of Vault
  - Presence of additional mat
- d) Check the set-up of apparatus immediately prior to competition
- e) Have one coach present on tumble during the routine for reasons of safety
- f) Have two coaches present on trampet landing area, during the routine, for reasons of safety
- g) Move the additional safety mat during their performance in Trampet or Tumble
- h) Have their team's score publicly displayed following their performance or in accordance with the regulations governing that competition

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### Art 8 Responsibilities of the Coaches

#### 8.1 General

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- a) To know the Code of Points and other relevant documents and to conduct themselves accordingly
- b) Submit the names of the team members, the tariff forms and other information required in accordance with the Code of Points and/or the European Gymnastics Technical Regulations and the TB that govern that competition
- c) Refrain from changing the height of any apparatus without specific permission
- d) Refrain from delaying the competition, deliberately obstructing the view of the judges and from otherwise abusing or interfering with the rights of any other participant
- e) Refrain from speaking to the gymnasts or from assisting them in any other way (give signals, shouts or similar) during their performance (E1)
- f) Refrain from discussions with active judges or other persons outside the competition area, during the competition (except team doctor, delegation leader, team leader, physiotherapist, doctor)

- g) Refrain from any other undisciplined or abusive behaviour
- h) Always conduct themselves in a fair and sportsmanlike manner
- i) Participate in a sportsmanlike manner in any applicable Award Ceremony

**SWE 8.2 Coaches' Clothing**

- a) Coaches must wear matching sportive attire when standing in (TTK)
- b) Coaches must not wear items that can be a danger or disturb the overall impression, when standing in for catching or supporting (E1). This includes:
  - Insecurely fastened or intrusive bandages
  - Jewellery, watches, and rings etc.
  - Loose items such as belts, suspenders or braces
  - Unsecure hair grips
  - Lanyards (Accreditation or other)

<b>Coaches' Clothing Violations covered by TTK (May be notified by the E1)</b>	
<b>Violation</b>	<b>Penalty</b>
Incorrect coaches' attire	0.30 per item from the Final Team Score by TTK
Incorrect advertising	

<b>Other penalties are covered by the E1</b>	
<b>Violation</b>	<b>Penalty</b>
Jewellery, bandage colour, loose items, lanyards, etc.	Deductions are taken on the Final Apparatus Score. See 28.6 and 32.6

### 8.3 Catching or Supporting

- a) Safety spotting for the Tumble and Trampet is required during the whole team performance. This should include training and warming up
- b) The Execution Head Judge (E1) on Tumble/Trampet will only signal the start of the program when the safety spotting is in place
- c) Catching or supporting will always result in deductions (Epanel)
- d) Failure to react in dangerous situations will also result in deductions (E panel)
- e) Coaches are not allowed to give any instructions to the gymnasts and/or disturb them during the performance (E1)
- f) Number of Coaches permitted in the Competition Area: Qualifying Competition and Final Competition:
  - Floor            No coach
  - Tumble         1 coach
  - Trampet         2 coaches
- g) An area will be provided for other coaches, medical staff and reserves during the performance

### 8.4 Declaration of the Elements

- a) The proposed elements of the Floor, Tumble and Trampet exercises are to be entered on the electronic system, access to which will be notified by the organiser
- b) The Tariff Forms must be completed electronically prior to accreditation
- c) Corrections, on Tariff Forms, can be made before the time stated in the PM (Work Plan)
- d) If a team qualifies for the Finals, new Tariff Forms must be re-entered in the system as stated in the PM (Work Plan)

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### 8.4.1 Floor Tariff Forms

How to mark elements on the tariff form.

#### a) Composition

- Composition elements/requirements must be marked beside the formation where they are to be performed and in the correct order of performance
- A minimum of eight formations (different shape) to be shown, in the order they are to be performed so that each gymnast's position is clearly marked. Only different shapes are to be marked, not different locations of the same shapes. The Rhythmic sequence should be shown in one box unless the shape changes during the sequence
- Small Formation SF
- Large Formation LF
- Moving Curved Formations are marked CF
- Difficulty Element in Moving Sequence DS
- Rhythmic sequence RS →, RS ←
- Planes ↑, ↔

#### b) Difficulty

- A maximum of ten difficulty elements can be marked on the tariff form
- Difficulty elements must be marked beside the formation where they are to be performed and in the correct order of performance
- Symbols and code numbers for the elements that are to be counted towards the D score
- Letters DS in front of the element's code number, which is performed in the Difficulty Element in Moving Sequence
- Values of difficulty elements counted
- Difficulty distribution DD and marked with a horizontal line

### 8.4.2 Tumble Tariff Forms

- Symbols for all elements in the series
- Values of difficulty elements counted

### 8.4.3 Trampet Tariff Forms

- Symbols for the elements
- Values of difficulty elements counted

SWE **8.5 Penalties for Coach Behaviour**

By Chair of TTK	Warning System
<b>Behaviour of Coach <u>with no direct impact</u> on the result/performance of the team</b>	
Unsportsmanlike conduct	1 <sup>st</sup> time – verbal warning
	2 <sup>nd</sup> time – removal of coach from the competition
Other flagrant, undisciplined, and abusive behaviour	Immediate removal of coach from the competition
<b>Behaviour of Coach <u>with direct impact</u> on the result/performance of the team</b>	
Unsportsmanlike conduct Other flagrant, undisciplined, and abusive behaviour Coach speaks aggressively to active judges	1 <sup>st</sup> time – 0.50 from final score of the team and verbal warning to coach
	2 <sup>nd</sup> time – 1.00 from final score of the team and removal of coach from the competition area

**Art 9 Inquiries (TR)**

SWE General procedures for Inquiries are included in Art 1.6.3 of the Technical Regulations, (See Art 1.4 above).

**Art 10 The Coaches' Oath**

SWE Does not apply.

## SECTION 4 - RULES FOR THE TECHNICAL COMMITTEE

SWE At all national competitions a delegate of the TTK will be present.

### SWE **Art 11 Delegate of TTK**

The responsibilities include:

- a) The overall Technical Direction of the competition as outlined in the Technical Regulations.
- b) To call and chair all judges' meetings and instruction sessions.
- c) To apply the stipulations of the Judges' Regulations relevant to that competition.
- d) To make sure that the time schedule published in the PM (Workplan) is respected.
- e) To deal with inquiries as outlined herein.
- f) To issue warnings to or replace any person, in any judging role, who is considered to be unsatisfactory.
- g) To supervise the checking of the apparatus measurement specifications according to the Equipment Directives (Redskapsreglemente trupp).
- h) In unusual or special circumstances may nominate a judge to the competition.
- i) Checking and approving the judges seating arrangements, including refreshments etc.
- j) To evaluate and summarize the competition and submit a report to the TTK.

# SECTION 5 – RULES FOR JUDGES AND JURIES

## Art 12 Judges' Responsibilities

### 12.1 General

Every Judge is fully and solely responsible for their scores.

All members of the Apparatus Juries have the responsibility to:

- a) Have a thorough knowledge of:
  - The Swedish Technical Regulations and the TB
  - The European Gymnastics Code of Points med svenska anpassningar
  - Any other technical information necessary to carry out their duties during a competition
- b) Have extensive knowledge in contemporary gymnastics and understand the intent, purpose, interpretation, and application of each rule
- c) Attend all scheduled instruction sessions and meetings of judges before the respective competition
- d) Follow any special organizational or judging related instruction given by the governing authorities (e.g., Scoring system instructions)
- e) Attend competition hall training whenever possible
- f) Be capable in fulfilling the various necessary duties, which include:
  - Correctly completing any required score sheets
  - Using any necessary score entry system
  - Facilitating the efficient running of the competition
  - Communicating effectively with other judges
- g) Be well prepared, rested, vigilant, and punctually present before the start of competition, according to the instructions in the Work Plan
- h) Wear the prescribed competition uniform according to the Swedish Technical Regulations.
- i) Every judge confirms the scores by entering their scores into the computer (electronic submission) or when using score slips by signing the secretary's form, before leaving the panel, after each competition

SWE

SWE

## 12.2 Judges' Behaviour

During the Championships all judges must:

- a) Behave at all times in a professional ethical manner
- b) Fulfil the functions outlined as specified in Art 12 above
- c) Evaluate each exercise accurately, consistently, quickly, objectively, and fairly and when in doubt, give the benefit of that doubt to the team
- d) Maintain a record of their personal scores
- e) Remain in assigned seat, except with permission of E1 (or CD1 on floor)
- f) Refrain from having contact or discussions with gymnasts, coaches, delegation leaders or other judges, during the competition

SWE Penalties for inappropriate evaluation and behaviour by judges handed by TTK/Swedish Gymnastics Federation.

## Art 13 Composition of the Apparatus Juries

### 13.1 The Apparatus Juries (Judging Panels)

SWE For the official national competitions, the Apparatus Jury will consist of the following panels:

- CD Panel (Composition and Difficulty) and
- E Panel (Execution)

SWE The Judges positions are appointed by TTK in accordance with the most current Swedish Technical Regulations.

The structure of the Apparatus Juries for the national competitions is:

Judge's panels	
Floor Jury	Tumble and Trampet Juries
E Panel – E1, E2, E3 & E4	E Panel – E1, E2, E3 & E4
CD Panel – CD1, CD2, CD3 & CD4	CD Panel – CD1 & CD2

On Floor, the E panel and CD1 sit together (front panel) and CD2, CD3 and CD4 will be positioned separately around the floor area to achieve the best possible view (side panels). On Tumble and Trampet, the panels sit together at a single table.

SWE Modifications to the Judges' Panels are possible.

## Art 14 Duties of the Judges

### 14.1 The CD Panel

- a) The CD Panel Judges evaluate independently, without bias and determine the C score content and the D score content
- b) The C score allows for Composition Requirements
- c) The D score content includes the Difficulty Value of the approved elements

#### 14.1.1 The CD Panel Duties

- a) For the D score: During the competition, check the value of difficulty elements, which comply with the norms
  - On Floor, each judge evaluates the outcome for each skill and notes which they award, which they half, and which they do not give
  - On Tumble and Trampet, the average of the difficulty of all three rounds is the Judge's D Score
- b) For the C score: During the competition, check the content of the composition requirements
  - On Floor, Tumble and Trampet each judge evaluates the composition requirements and deducts from 2.0 marks if some requirement is missing
- c) Complete the score slips for the C and D panels with a legible signature or enter the results into the computer
- d) On Floor, there are no tolerances or discussions. However, on occasion CD judges may need to confer on the interpretation of the Code or the tariff sheets
- e) On Tumble and Trampet, if the panel scores are out of tolerance, the CD judges are allowed to discuss their scores and if required, amend their individual C score and/or D score

#### 14.1.2 The CD1 Duties

- a) On Floor, timing provision should be made available for the CD judges
- b) Submit their own judgement before they see the other judges' results
- c) On Floor:
  - D panel score: Evaluate/check the outcome of each skill based on the judgement of the panel. See 20.3.2 on how to calculate D panel scores. Judges' input are submitted without any reference to tolerances
  - C panel score: Calculate/check the panel score for composition and enter it into the computer. Judges' scores are submitted and accepted without any reference to tolerances

- d) On Tumble and Trampet, review the tolerances between the judges' composition and difficulty scores
  - Call the judges to a meeting in the case of an unacceptable score difference
  - If scores remain out of tolerance, calculate the base score for difficulty or for composition
- e) Calculate the Final Composition and Difficulty Scores for their apparatus
- f) Complete separate score slips for the panel C score and the panel D score or enter them into the computer
- g) After the competition, submit a written competition report as directed by the TTK, with the following information:
  - Forms listing violations, ambiguities, and questionable decisions with the identification of the Team
  - The DVs and changes in difficulty

## 14.2 The E Panel

- a) The E Panel Judges evaluate independently, without bias and determine their E score. Discussion is not allowed
- b) The secretary (or individual judge) enters the individual judge's E scores into the computer to an accuracy of 1 decimal place

### 14.2.1 The E Panel Duties

- a) Observe the exercises attentively, evaluate the faults and apply the corresponding deductions correctly, independently and without consulting the other judges
- b) Record the execution deductions
- c) Complete the score slip with a legible signature or enter their score into the computer
- d) After delivering their individual scores, if the panel scores are out of tolerance, the E judges are allowed to discuss their scores and if required, amend their individual E scores
- e) Be able to provide a personal written record of their evaluation of all exercises

### 14.2.2 The E1 Duties

- a) Take the role of Lead Head Judge in the respective apparatus
- b) Display the green flag, light, or other signal, when the team must begin their routine
- c) Ensure that the routine's time is recorded by E2
- d) Calculate and submit their score before they see the other judges scores
- e) Note Execution Head Judge deductions
- f) Review the tolerances between the E judges' scores
- g) Call a judging meeting in the case of an unacceptable score difference
- h) Calculate the base score for Execution, if needed
- i) Calculate the Final Panel Execution Score and submit it and the HJ deductions to the secretary
- j) Inform the panel, if there are any Head Judge Deductions, after the judges submit their score
- k) Link with the delegate of the TTK
  - Inform of any errors in clothing (Art 4.2 and 8.2)
  - Inform of any behaviour faults (Art 5 and 8.5)
  - Inform if an interruption of the program was caused by the team or a technical matter
- l) Apply deductions as per Art 24.7, 28.6 and 32.6

SWE

### 14.3 Function of the Reference Judges

There are no Reference Judges in TeamGym.

### SWE 14.4 Rights of Judges

In the case of any action taken against a judge, they have the right to file an appeal to the:

- a) TTK, if the action was initiated by a team or
- b) Secretary General, if the action was initiated by TTK

### 14.5 Functions of the Secretaries

- a) The Secretaries need to know the CoP and the scoring system. They are usually appointed by the Organizing Committee
- b) The Secretaries support the judges in using the scoring system. They should also be in contact with the Organizing Committee for a smooth running of the competition

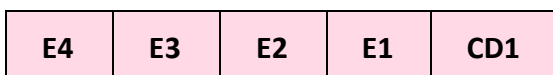


## Art 15 Seating Arrangements of the Judges

The judges will be seated at a location and distance from the apparatus which permits an unobstructed view of the total performance, and which permits them to fulfil all their evaluation duties.

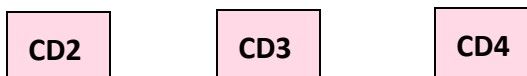
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**Floor – Front panel**



The front panel shall be situated in line with the centre of the floor area and shall be elevated approximately 3 to 4 metres as shown in the Equipment Directives.

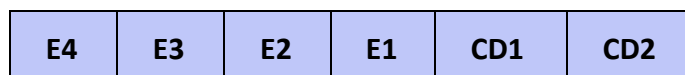
**Floor – Side panels**



The Floor CD2, CD3 and CD4 judges shall be situated around the floor area to achieve the best possible view (side panels).

SWE

**Tumble/Trampet**



On Tumble and Trampet, the panels shall be situated together at a single table.

Variations in the seating arrangement are possible depending on the conditions available in the competition hall.

## SWE Art 16 Judges' Oath (TR 7.12)

Does not apply.

## **PART II**

# **EVALUATION OF THE EXERCISES SECTIONS 6-7**

# PART II - EVALUATION OF THE EXERCISES

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## SECTION 6 - RULES GOVERNING THE SCORES

### Art 17 Content of the C Score

The maximum C Score is 2.00. The composition Requirements are described in the respective apparatus Sections.

### Art 18 Content of the D Score

The maximum D Score is open ended and restricted by the number of elements that may be performed. The D Score is the sum of all the Difficulty Values of approved elements from the Table of Difficulty for the specific apparatus.

The DVs are the values from the Table of Difficulty in the Appendices.

#### 18.1 Recognition of the DV of Elements

- a) The CD panel will recognise the difficulty value of the element unless there is a failure to meet the technical requirement. On Floor, only elements marked on the Tariff form will be considered
- b) To reward DV an element must be performed according to the description of the body position in the Table of Difficulty

#### 18.2 Recognition of Elements Performed

- a) On Floor
  - Elements will be recognised if they meet the requirements in the Appendix A1
  - DV consist of maximum ten different elements from the following groups:
    - Balance elements
    - Jumps/leaps/hops
    - Acrobatic elements
    - Group element
    - Flexibility element
  - All recognised elements must be marked on the tariff form
- b) On Tumble and Trampet
  - Elements will be recognised if they meet the requirements in the Appendices A3, A4 and A5

### 18.3 New Elements

- SWE Teams are encouraged to submit new elements that have not yet been performed and/or do not yet appear in the Table of Difficulty.
- SWE Send New elements to the TTK by electronic mail ([ttk@gymnastik.se](mailto:ttk@gymnastik.se)), at any time during the year.
- a) The request for evaluation must be accompanied with technical drawings, as well as with a video
  - SWE b) The new elements must be presented no later than two months before the competition
  - SWE c) The TTK will evaluate the Difficulty Value of new elements
  - SWE d) The decision will then be communicated as soon as possible in writing to the team an published on the website of the Swedish Gymnastics Federation
  - e) The judges will be informed immediately before the respective competition

### Art 19 Content of the E Score

The maximum E score is 10.0 for perfection of execution. Bonus (0.1) can be added to each judge's execution score, but the score cannot exceed 10.0.

The execution deductions are described in the respective apparatus Sections.

## SECTION 7 - CALCULATING THE SCORES

### Art 20 Rules for Calculating the Score

#### 20.1 General

The rules governing the evaluation of the exercises and the determination of the Final Score are identical for both Qualification and Finals.

#### 20.2 Division of Points

	Floor/Tumble/Trampet
Composition (C)	2.0
Difficulty (D)	Open
Execution (E)	10.0

#### 20.3 Calculation of the Final CD Panel Scores on Floor

##### 20.3.1 C Score

- a) After each performance, the judges calculate their score to one decimal place and submit this to the HJ (CD1)
- b) Judges' scores are submitted and accepted without any reference to tolerances
- c) The final panel C score is the average of the two middle scores (to one decimal place)

### 20.3.2 D Score

- a) During the performance, the judges give their input (Full, Half, No) of each difficulty element, and enter it into the computer. If computers are not used, judges deliver their input to the CD1 on paper
- b) To calculate the D score, the CD1 will check the input from all 4 judges to determine the outcome of each skill, according to the table below
- c) The final panel D score is the sum of the awarded values of the difficulty elements. Each element is calculated to two decimal places and so is the final D panel score

Determination of Floor D scores if 4 CD-judges Input from individual judges per element				Awarded value
CD#	CD#	CD#	CD#	
Full	Full	Full	Full	<b>1.0x</b>
Half	Full	Full	Full	<b>1.0x</b>
No	Full	Full	Full	<b>1.0x</b>
Half	Half	Full	Full	<b>0.75x</b>
No	Half	Full	Full	<b>0.75x</b>
Half	Half	Half	Full	<b>0.5x</b>
Half	Half	Half	Half	<b>0.5x</b>
No	Half	Half	Full	<b>0.5x</b>
No	No	Full	Full	<b>0.5x</b>
No	Half	Half	Half	<b>0.5x</b>
No	No	Half	Full	<b>0.25x</b>
No	No	Half	Half	<b>0.25x</b>
No	No	No	Full	<b>0</b>
No	No	No	Half	<b>0</b>
No	No	No	No	<b>0</b>

## 20.4 Calculating the Final CD Panel Scores on Tumble and Trampet

- a) After each performance, the judges calculate their C and D scores to one decimal place and submit these to the HJ (CD1). See Art 26.1 and 27.2 for Tumble and 30.1 and 31.2 for Trampet.
- b) For Tumble and Trampet (2 judges), the tolerance for C and D scores between judges is 0.2
- c) If they are in tolerance, the Final Panel Score is the average of the C and D scores (as two separate scores calculated to two decimal places)
- d) If they are not within tolerance the CD1 will call a meeting
- e) If judges are unable to agree, the base score is used (calculated to three decimal places)

### 20.4.1 Calculating the CD Panel Base Score

Base Score for a two-judge panel in Tumble and Trampet

$$\text{Base Score} = \frac{(\text{Average of the 2 scores} + \text{Score of the CD1})}{2}$$

Example for a two-judge CD panel and the C-score is out of tolerance:

Judge CD1     C-score 1.6

Judge CD2     C-score 1.3

The scores remain out of allowable tolerance, so the Base Score will be used.

$$\text{The Final C Score} = \text{The Base Score} = \frac{(1.45 + 1.6)}{2} = \mathbf{1.525} \text{ (to 3 decimal places)}$$

## 20.5 Calculating the Final E Panel Scores

- a) After each performance, the judges calculate their score to one decimal place and submit this to the HJ (E1)
- b) The E1 reviews the scores, to see if they are in tolerance
- c) If they are in tolerance, the Final Panel Score is the average of the two middle scores (to two decimal places)
- d) If they are not within tolerance the E1 will either call a meeting or will discuss a concern with one judge
- e) If judges are unable to agree, the base score is used (calculated to three decimal places)

### 20.5.1 Tolerance Between Judges for Final E Scores

- a) The difference between all the allowable judges' scores and the two middle scores, for Floor, Tumble and Trampet, are as shown in the table:

Final E Score between	Allowable Tolerances for middle scores	Allowable Tolerances for all judges' scores
9.00 - 10.00	0.2	0.6
8.00 - 8.95	0.3	0.6
7.00 - 7.95	0.4	1.0
6.00 - 6.95	0.5	1.0
< 6.0	0.6	1.0

- b) The E1 judge needs to calculate the preliminary Final E Score before checking the tolerance
- c) If the difference among all the judges is too large or the difference between the middle scores is not in tolerance, the Head Judge (E1) calls a meeting to discuss the score
- d) At the meeting, the following actions may be taken:
- The judges may adjust their scores so that they are in allowable tolerance
  - or
  - The Base Score is used as the Final E Score, if the judges cannot agree

### 20.5.2 Calculation of the E-panel Base Score

Base Score for a four-judge panel

$$\text{Base Score} = \frac{(\text{Average of the 2 middle scores} + \text{Score of the E1})}{2}$$

Example for a four-judge E panel:

Judge E1	8.3*
Judge E2	8.9
Judge E3	8.3
Judge E4	8.8*

The Final E Score would be 8.55, but the middle two scores remain out of allowable tolerance, so the Base Score will be used.

$$\text{The Final E Score} = \text{The Base Score} = \frac{(8.55 + 8.3)}{2} = \mathbf{8.425} \text{ (to 3 decimal places)}$$



## 20.6 Calculating the Final Score for Each Apparatus

- a) The Final Score on each apparatus will be established using the three separate scores from the judging panels - a C score, a D score and an E score
- b) The CD panel establishes the C score and the D score
  - The C score is based on the Composition requirements
  - The D score is an assessment of the difficulty content of the exercise
- c) The E panel assess the E score based on the execution of the routine
- d) The HJ (E1 and CD1) calculates the Panel Scores to three decimal places
- e) The Final Score of an apparatus is the addition of the C score, the D score, and the E score, less any Head Judge E1 deductions, calculated to three decimal places

Example for a Floor Jury:

**Final Apparatus Score = C Score + D Score + E Score – HJ deductions**

<b>C Score</b>	Composition	0.2 deductions from 2.0	1.800
<b>D Score</b>	Difficulty	Sum of all awarded elements	5.700
<b>E Score</b>	Execution	1.6 deductions from 10.0	8.400
<b>Head Judge (E1) deductions</b>			-0.000
			<hr/>
<b>Final Apparatus Score</b>			<b>15.900</b>

## 20.7 Calculating the Final Score for Each Team

- a) The Final Score for each Team will be established using the three separate scores from the three apparatus – Floor, Tumble and Trampet, less any penalties applied by the TTK
- b) Example Final Score calculation

**Final Score = Floor Score + Tumble Score + Trampet Score – TTK**

<b>Floor</b>	15.900
<b>Tumble</b>	15.725
<b>Trampet</b>	18.400
<b>TTK</b>	-0.000
<hr/>	
<b>Final Team Score</b>	<b>50.025</b>

**PART III**  
**THE APPARATUS**  
**SECTIONS 8 - 10**

# PART III - THE APPARATUS

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## SECTION 8 - FLOOR

### Art 21 Apparatus Requirements

#### 21.1 General Requirements

- a) The Floor Program is a routine for the whole team, performed to instrumental music
- b) Time limit for floor program is from 2 minutes and 15 seconds to 2 minutes and 45 seconds
- c) All competing gymnasts of the team must participate in the floor program (exceptions are specified in the TB for the competition)
- d) The whole program must be performed inside the floor area (14 m x 16 m)
- e) The team must jog into the competition arena when the competition organisers direct them. The team lines up at the edge of the floor area where they wait for the green flag/light. After the green flag, the team jog to their starting position on the floor. They start their program when the music starts

SWE

#### 21.2 Composition Requirements (2.0)

The Composition score consists of seven different composition requirements. These requirements are:

- Difficulty element in moving sequence (DS)
- Rhythmic sequence (RS)
- Two (2) Planes (↑, ↔)
- Formations
  - 8 different formations
  - A moving curve formation (CF)
  - A large formation (LF)
  - A small formation (SF)

For each missing requirement there will be a 0.2 deduction. All these components must be marked on the tariff form's Composition column.

### **21.3 Difficulty Requirements (Open value)**

The choice of elements in the program should never sacrifice style and technical precision in favour of difficulty. The selected elements should always fit the knowledge and maturity of the gymnasts.

The Difficulty score consists of the judges' evaluation of ten (10) different difficulty elements. These required elements are:

- Three (3) balances
- Three (3) jumps/leaps/hops
- Two (2) acrobatic elements
- One (1) group element
- One (1) flexibility element

These elements must all be marked on the tariff form. All element values and difficulty requirements are shown in the Table of Difficulty in Appendix A1.

### **21.4 Execution Requirements (10.0)**

Execution deductions can be made under the following headlines:

- Synchronisation
- Uniformity
- Dynamic execution
- Amplitude and extension
- Balance and controlled execution
- Precision in formations
- Transitions
- Performance in difficulty elements
- Wrong number of gymnasts
- Fall
- Line violations
- Movements corresponding to music

All deductions are subtracted from 10.0.

Bonus (0.1) can be added to each judge's execution score.

## Art 22 Composition (2.0)

### 22.1 General

- a) The composition score (C score) is calculated by the CD panel
- b) The composition score will be counted only from those C components marked on the tariff form. Each component must be marked only once, beside the formation where the component is performed. If more components are marked on the tariff form, only the first of each are considered
- c) The maximum deduction in composition is 2.0. The team might cause deductions higher than 2.0, but the judges can only deduct up to the maximum limit

### 22.2 Definitions for Composition Requirements

#### 22.2.1 Difficulty Element in Moving Sequence (DS) (0.2)

- a) There is a requirement to perform one of the ten difficulty elements as a part of a sequence of choreography. The difficulty element must be either a leap, a hop or an acrobatic element with take-off from one foot and landing on one foot
- b) There must be as a minimum three different movements into the difficulty element and minimum three different movements out of the element (a total of 6 different movements)
- c) The whole team must perform the same DS at the same time according to the choreography (mirroring is allowed)
- d) During the DS, all gymnasts must create a flowing and travelling movement pattern. One difficulty element must be performed inside the DS, where momentum is conserved and transferred between choreography and the difficulty element
- e) Flowing and travelling movement pattern means that each gymnasts' centre of gravity must continue to move across the floor area without pauses (or stops) in the sequence. Each gymnast can create a different pattern and e.g., change formation during the DS as far as the performed elements and movements are identical (mirroring is allowed). There must be continued movement of the centre of gravity
- f) The difficulty element must take off from one leg and also land on one leg to ensure the fluent connection to the elements before and after the difficulty element. The team needs to choose a difficulty element that fulfils this requirement. For example, elements with a handstand as a starting or ending position are not allowed
- g) It is allowed to take maximum one step before the difficulty element in the DS
- h) After the difficulty element, the gymnasts must already be prepared to execute the choreographed pattern as soon as both feet have touched the ground
- i) Deduction 0.2 if the DS is missing or it is not performed according to the definition
- j) In case the team will receive zero for the difficulty element in the DS, they can still get the value for the DS if it is performed according to the definition
- k) The DS must be marked on the composition section on the tariff form, beside the formation where the DS starts

### 22.2.2 Rhythmic Sequence (RS) (0.2)

- a) There is a requirement to perform one RS, which is a continuous moving sequence spanning the floor
- b) During the sequence, all gymnasts must travel at the same time across the floor area. They can travel from side to side, back to front, front to back or diagonal
- c) Travelling means that each gymnasts' centre of gravity must continue to move across the floor area without pauses (or stops) in the sequence. There must be continuous movement of the centre of gravity
- d) The sequence must have at least one change of tempo
- e) Difficulty elements (elements from Appendix A1) are not allowed in the RS. However, the number of elements is optional
- f) The whole team must perform the same sequence (mirroring is allowed)
- g) The starting and ending positions, for each gymnast, must not be further than 3 m from the floor edge. For a diagonal RS, the distance is a maximum of 5 m from the floor corner measured as a radius of a circle with its centre in the floor corner
- h) The RS can be performed in one or two groups consisting of at least 3 gymnasts each. The groups may start from different positions on the floor and are allowed to choose different RS paths. Changing the formation during the sequence is allowed
- i) Deduction 0.2 if the RS is missing or it is not according to the definition
- j) The start and end of the RS must be marked on the floor tariff form with letters RS→ for start and RS← for end. The RS should be shown in one formation box unless the shape of the formation changes during the RS

### 22.2.3 Planes ↑, ↔ (0.4)

- a) The floor program must include the gymnasts moving in two different planes: backwards and sideways (left or right, this can vary within the team, some gymnasts can move to the right and some to the left, at the same time)
- b) In both planes, there must be at least one sequence of a combination of three different movements or elements
- c) In the backward plane, the elements need to be performed with the backside of the body leading. In the sideways plane, the side of the body is leading
- d) Turning (>45°) is not allowed during planes. Intermediate steps are allowed
- e) Difficulty elements cannot be performed when moving in planes
- f) All gymnasts need to do each plane at the same time
- g) Deduction for missing plane (backwards or sideways) is 0.2/plane
- h) Planes must be marked on the tariff form with arrows ↑, ↔

## 22.2.4 Formations (2.0)

### a) Eight Different Formations

- There must be at least eight (8) different formations in the Floor program
- Formations are counted as different if the shape is different. Changing only the size or the location of the formation does not make it different (e.g., small circle is counted same as a big circle and a circle on the left side of the floor is counted same as a circle on the right side of the floor)
- Formations can be static or moving, however they must be maintained long enough to be clearly identifiable
- Deduction 0.2 for each missing formation
- Each formation (different shape) must be marked on the tariff form

### b) Large Formation (LF)

- There must be at least one large size formation where all gymnasts are placed with consistent spacing to clearly present one shape (not in several small groups).
- The size of the formation must be at least from side to side and from back to front (no further than 1m from each floor edge)
- A diagonal line from corner to corner is not counted as a large formation
- Deduction 0.2 for missing large formation
- Large formation must be marked on the tariff form with letters LF

### c) Small Formation (SF)

- There must be at least one small size formation (compact) where all gymnasts are placed in one shape (not in several groups)
- The size of the formation must not be bigger than 4 m x 4 m
- Deduction 0.2 for missing small formation
- Small formation must be marked on the tariff form with letters SF

### d) Moving Curved Formation (CF)

- There must be at least one moving curved formation where all gymnasts take part
- A formation is counted as a moving curve if the path, along which the gymnasts are moving, is clearly curved and gymnasts follow each other along that curved shape
- The curve must be clearly visible and contain at least three elements or movements
- The size and the shape of the curve may change during the movement
- The whole team can perform one formation together or two separated curves in two groups. The minimum number of gymnasts in one moving curved formation is four gymnasts
- The start of the moving curved formation (the first shape) must be marked on the tariff form with letters CF
- Deduction of 0.2 for missing moving curved formation

## 22.3 Summary of Composition Requirements

Composition Requirements	Deductions
1. Difficulty Element in Moving Sequence	0.2
2. Rhythmic Sequence	0.2
3. Planes	
- Backwards	0.2
- Sideways	0.2
4. Formations	
- 8 different formations	0.2/missing
- Large formation	0.2
- Small formation	0.2
- Moving curved formation	0.2



## Art 23 Difficulty (Open value)

### 23.1 General

- a) The difficulty score (D score) is calculated by the CD panel
- b) The difficulty score will be counted only from those D elements found in Appendix A1 and marked on the tariff form. Each required element must be marked only once. If more elements are marked on the tariff form, only the first elements marked in each group are considered

### 23.2 Forming the Difficulty Value

- a) The difficulty value consists of ten different elements from the following groups:
  - Balance elements 3
  - Jumps/Hops/Leaps 3
  - Acrobatic elements 2
  - Group Element 1
  - Flexibility Element 1
- b) Element values and difficulty requirements are shown in the Table of Difficulty in Appendix A1
- c) The values of balance elements, jumps/leaps/hops, acrobatic elements, group element and the flexibility element are all summed up for the team's difficulty value. The difficulty score (D score) is formed by the CD panel. Example of counting DV for acrobatic elements: A601 + A408 = 1.0, DV of Acrobatic elements is 1.0
- d) One of the ten difficulty elements must be performed in the Difficulty Element in Moving Sequence (DS). The team will get the value of the difficulty element even if the team does not fulfil the DS requirements as long as the difficulty element is chosen according to 22.2.1 a) and performed correctly
- e) At least three (3) of the difficulty elements must be performed after 1 minute 30 seconds to get the value for these last three elements. (See Art 23.5 f)

### 23.3 Marking the Difficulty Elements and Values

- a) The team must mark no more than ten difficulty elements on the tariff form. Only marked elements are counted towards the difficulty score. Elements must be marked in the right performing order, beside the formation (shape) in which the elements are performed
- b) The team can perform more than ten difficulty elements, but those additional elements must not be marked on the tariff form
- c) Difficulty elements must be marked correctly with the symbol and the code number. The difficulty element, which is performed in the DS, needs to be marked also with the letters DS (e.g. DS J833)
- d) Difficulty elements, which are marked on the tariff form and counted towards the difficulty value, must have different code numbers

e) The letter in front of the code number explains the category of the element:

- DB = Dynamic Balance element
- SB = Standing Balance element
- HB = Hand Supportive Balance element
- J = Jump/Hop/Leap
- A = Acrobatic element
- F = Flexibility element
- G = Group element

The first code number tells the value of the element.

The last two numbers tell the row number in the difficulty table.

For example: The code number for Shushunova is J612, which means Shushunova is a jump/leap/hop (J), element's DV is 0.6 and the row number in Appendix A1 table of jumps is 12.

## 23.4 Performance Requirements

- a) The performance of each difficulty element must comply with the difficulty requirements (see Appendix A1), otherwise it will not be counted as a difficulty element
- b) All gymnasts in the team must perform the same difficulty elements, with the same code number and variation A/B/C. Mirroring is allowed (e.g. performing a pirouette with different legs). In the group element the gymnasts may choose different kind of elements, but the code number must be the same
- c) An element with the same code number can be counted only once even if performed with different variations. E.g. if a team performs JXXXA and JXXXB the value will be given only once
- d) The difficulty elements must be performed by all gymnasts at the same time, according to the choreography. "According to the choreography" means that the element is choreographed to be performed at the same time. If, for example, someone is late in the program but then performs the element correctly a bit later than the others, the team will still get the value of the element (although E deductions for being late)
- e) In elements with flexibility requirement (e.g., leg separation or hip/knee angle requirements in jumps/balances etc.) there is a general 15° tolerance for the leg separation and hip/knee angle requirements. Showing additional flexibility or smaller hip/knee angles does not affect the DV

## 23.5 Reduction of Element's DV

- a) The full DV of an element will be given only if all the gymnasts perform the element marked on the tariff form correctly
- b) If all gymnasts try to perform the element, but one or two gymnasts fail, the team will receive half of the element's DV. The only exception is the Group Element which needs to be correctly performed by all the gymnasts to get the DV
- c) If three or more gymnasts fail the element, then DV will be zero for the team
- d) No more than three steps (walking or running) are allowed right before any difficulty element, according to the choreography. E.g., chassés and hurdle steps are not counted in the three-step limit. The only exception of this rule is in "Difficulty element in moving sequence", where it is allowed to have maximum one step before the difficulty element. If one or two gymnasts take too many steps, the DV will be divided by 2. If three or more gymnasts take e.g., 4 steps before a leap, the team does not get the DV
- e) A gymnast must initiate the element sufficiently to show commitment to achieving the DV. The outcome is not a factor when determining a legitimate 'attempt' at the skill. A legitimate attempt is evaluated according to the difficulty requirements. An illegitimate attempt (not a serious try) is a zero DV for the team for that element
- f) Difficulty elements must be spread evenly in the floor program
  - At least three difficulty elements must be performed after 1 minute 30 seconds
  - If three different difficulty elements are not performed after the time limit, the team will lose the value of those elements (even if the performance would be perfect) that are performed before the time limit
  - This difficulty distribution deduction concerns only the three last D-elements
  - The time of 1 minute 30 seconds must be marked on the tariff form with a horizontal straight line and letters DD (difficulty distribution), so it is clearly visible which difficulty elements that are performed after the time limit
- g) If the team does not perform the DS, only 9 difficulty elements will be counted. The last performed acrobatic element or jump will be valued zero for difficulty.

## 23.6 Difficulty Elements

### 23.6.1 Balance Elements (DB, SB, HB)

- a) Three different balance elements (marked on the tariff form) may be counted towards the DV
- b) One balance must be the handstand (HB1001). One balance must be a standing balance. The third counted balance can be dynamic-, standing- or a hand supportive balance
- c) Additional balance elements can be performed as long as they are not marked on the tariff form

### **23.6.2 Jumps (includes Jumps, Leaps and Hops) (J)**

- a) Three different jumps, leaps and hops (marked on the tariff form) may be counted towards the difficulty value
- b) Additional jumps, leaps or hops can be performed as long as they are not marked on the tariff form
- c) Leaps and hops starting and ending on one leg can be used as a part of DS composition requirement

### **23.6.3 Acrobatic Elements (A)**

- a) Two different acrobatic elements from different rows in Appendix A1 (marked on the tariff form) may be counted towards the DV
- b) If two acrobatic elements from the same row are marked on the tariff form, only the first one is considered for calculating the DV
- c) Acrobatic elements starting and ending on one leg can be used as a part of the DS composition requirement

### **23.6.4 Group Element (G)**

- a) One Group Element from Appendix A1 (marked on the tariff form) may be counted towards the DV
- b) In the Group Element, all gymnasts must take part and play an active role in either a visible lift off the floor or a throw (i.e. lift, being lifted, throw and/or catch or being thrown) which can be done together with the whole team or in groups of at least three (3) gymnasts
- c) Lift means that the group must get at least one of the gymnasts totally off the floor by the active support of fellow gymnasts
  - The lifted gymnast(s) can be clearly lifted by the others, or the others can support them so that they will be able to stay off the floor during the Group Element.
  - Active support means that the supporter needs to work to perform the lift or to keep their own position to really support the lifted gymnast (e.g., not just lying or 'balasana' on the floor). Standing support, kneeling on all four or similar, while others use them to lift, is acceptable
- d) The elements must be performed at the same time
- e) Different groups must perform Group Elements with the same code number, but the elements do not need to look the same
- f) In Group Elements with rotations and twists, the turn is always in reference to the gymnast(s) being lifted or thrown (no tolerance in rotation/twist). Rotation/twist during the lift is measured from ground to ground. Rotation/twist during the throw is measured during the free flight phase
- g) If the group element is not performed according to the definition, the value for Group Element is zero for the team (no half DV given)

### **23.6.5 Flexibility Element (F)**

- a) One Flexibility Element from Appendix A1 (marked on the tariff form) may be counted towards the DV
- b) Additional Flexibility Elements can be performed as long as they are not marked on the tariff form
- c) The whole team must perform the same flexibility element, which they perform at the same time according to the choreography
- d) In the flexibility element, the position must be shown clearly but it does not have to stay still

## Art 24 Execution (10.0)

### 24.1 General

- a) The execution score (E score) is calculated by the E panel
- b) To calculate the judge's E score all summarised deductions (Art 24.3) and any additional execution deductions (Art 24.4) are taken from 10.0
- c) The Floor routine is a team performance and judges make summarised execution deductions for the team. Additional execution deductions are either for the team or individual gymnasts
- d) Execution bonus (Art 24.6) 0.1 can be rewarded on each judge's own E- score
- e) Head Judge's (E1) deductions will be taken from the Final Floor score

### 24.2 Summarised Execution Deductions

#### 24.2.1 General

- a) The main principle is to identify the individual execution faults, for any given point of the routine, as minor, moderate or major and then take the most appropriate deduction for the team based on the number of gymnasts who make the faults
- b) Any given point of the routine means for example:
  - Rhythmic sequence
  - Sequence in planes
  - Moving sequence with difficulty element
  - Transition
  - Difficulty element

Note that the maximum deduction for any given point of the routine must not exceed the "Major faults" column in the table below.

Table of Execution Deductions				
Number of faults ↓	Size of the fault →	Minor faults	Moderate faults	Major faults
One gymnast makes the fault		Very small 0.1	Small 0.2	Medium 0.4
Less than half of the team makes faults		Small 0.2	Medium 0.4	Large 0.7
Half or more of the team makes faults		Medium 0.4	Large 0.7	Very large 1.0

c) Guidelines for summarising execution deductions:

- Assess the errors per gymnast before assessing the team deduction. Multiple errors for any one gymnast at any moment collectively increase the level of error from minors to moderates or moderates to majors. When assessing the team deduction, the collective summarised errors of all the gymnasts can not increase the level of error. E.g., multiple gymnasts with summarised moderate errors can not result in more than a moderate deduction.
- Identify all individual faults, at the given point of the routine, and classify them per gymnast, as either minor, moderate or major. In case there is more than one fault, they are added and rounded down to the nearest classified fault (0.2 for moderate, 0.4 for major) according to the first row in the table above (One gymnast makes the fault). All execution faults in CoP 24.2.2-24.2.9 are considered at the same time
  - E.g. one gymnast makes one minor and one moderate fault ( $0.1 + 0.2 = 0.3$ ). This is rounded down to 0.2 and classified as a moderate fault for that gymnast
  - E.g. one gymnast makes one minor and two moderate faults ( $0.1 + 0.2 + 0.2 = 0.5$ ), which is rounded down to 0.4 and classified as a major fault for that gymnast
- Estimate the number of gymnasts making the minor, moderate and major faults as identified above. For each size of fault, it could be either one gymnast, less than half of the team or half or more of the team
  - E.g., two gymnasts (less than half of the team) make minor faults and one gymnast makes a major fault
  - Slightly bent arms and slightly bent legs are the same size even though they are different faults
- Summarise the deductions for the team. The summarised execution deduction for the team is defined by the number of gymnasts making faults classified as minor, moderate or major. The available deductions at any given point of the routine are 0.1, 0.2, 0.4, 0.7 or 1.0. Combinations of different sizes of faults are added and rounded down to the nearest available deduction according to the table in CoP section 24.2
  - In case there are only minor faults, the maximum deduction can never exceed 0.4
  - In cases there are moderate faults, including any minor faults, the maximum deduction can never exceed 0.7
  - In case there are major fault(s) including any minor and/or moderate faults, the maximum deduction can never exceed 1.0

d) Calculate the judge's E score. To calculate the judge's E score all summarised deductions and any additional execution deductions in CoP section 24.4 are taken from 10.0

- e) Each judge gives a score to an accuracy of 0.1. Summarised Execution deductions are explained more in detail in Appendix A2 'Summarised Execution Faults for Floor'- table

### **24.2.2 Synchronisation According to the Choreography**

- a) The team must perform the elements at the same time when intended according to the choreography
- b) A gymnast deducted for a fall, Art. 24.4.2, is not also subject to deductions for synchronisation

### **24.2.3 Uniformity in Execution**

- a) The team must perform the same movements and elements exactly the same way unless the choreography clearly states otherwise
- b) For the difficulty elements this deduction is only used in case there are no other specific execution deductions for those elements (Art 24.2.9)
- c) A gymnast deducted for a fall, Art. 24.4.2, is not also subject to deductions for uniformity

### **24.2.4 Dynamic Execution**

- a) The team must perform the program with dynamic execution
- b) Dynamic execution includes good rhythm and sense of gravity with relaxation and extension. The movement phrases must show continuity with a logical and natural fluency. The momentum should be used from the past movement instead of creating 'new' force
- c) There must not be purposeless stops between movements or pauses to prepare for movements
- d) All movements and elements shall favour dynamic execution
- e) Sequences performed only with isolated arm and leg movements without the body being involved (frozen upper body) will always result in a deduction

### **24.2.5 Amplitude and Extension**

- a) Elements and movements in the floor program must be performed with the optimal amplitude
- b) Extension must be visible in all elements through the whole program
- c) For the difficulty elements this deduction is only used in case there are no other specific execution deductions for those elements (Art 24.2.9)

### **24.2.6 Balance and Controlled Execution**

- a) The floor program must be performed controlled with balance. For example, there will be a deduction for extra steps, jumps, arm and leg movements or a hand support, to keep the balance



- b) For the difficulty elements this deduction is only used in case there are no other specific execution deductions for those elements (Art 24.2.9)
- c) A gymnast deducted for a fall, Art 24.4.2, is not also subject to deductions for balance and controlled execution

### 24.2.7 Precision in Formations

- a) All gymnasts must be in the positions according to the formations on the tariff form. The formations must be exact (e.g., straight lines when that is intended)
- b) A gymnast deducted for a fall, Art. 24.4.2, is not also subject to deductions for precision in formations

### 24.2.8 Transitions

- a) Transitions mean those elements or movements included in changing one formation (shape) to another or in preparing to perform the Group Element
- b) Quality of Transitions: Transitions must have gymnastic and rhythmic quality and form a natural part of the floor program. The whole upper body, not only arms, must be included in the movement. Transitions done simply by walking, marching, or running without any gymnastic or rhythmic quality are deductible each time
- c) Easy Access: All transitions must be performed by easy access, without taking extra/large steps or squeezing into insufficient space. Not having easy access is deductible each time

### 24.2.9 Performance in Difficulty Elements

- a) The difficulty elements must be performed according to the defined requirements (see Appendix A1)
- b) These deductions concern only those difficulty elements that are marked on the tariff form and are counted towards the team's difficulty score

## 24.3 Table of Execution Deductions to be Summarised

Execution Deductions to be Summarised	Minor	Moderate	Major
1. Synchronisation	X	X	X
2. Uniformity in Execution	X	X	
3. Dynamic Execution	X		
4. Amplitude and Extension	X		
5. Balance and Controlled Execution	X	X	
6. Precision in Formations	X		
7. Transitions	X		
8. Performance in Difficulty Elements	X	X	X

## **24.4 Additional Execution Deductions**

### **24.4.1 Wrong Number of Gymnasts**

- a) In case there are too few or too many gymnasts performing, or there are not equal number of male and female gymnasts in a mixed team, there will be a deduction
- b) If after an interruption to the program, there are less than eight gymnasts on the floor, there will be no deduction for the wrong number of gymnasts
- c) Gymnasts may not be replaced during the floor routine (see Art 24.7.7)
- d) Deduction 1.0 once per missing or extra gymnast

### **24.4.2 Fall**

- a) If a gymnast falls from a standing position to a land on stomach, side or seated on to the floor, or from hand supported balance to back, stomach or side, the deduction will always be 0.3 per gymnast per fall
- b) This deduction is only for a clear fall and is not taken when e.g., coming down from balance too early
- c) Other faults caused by the fall will not be deducted (e.g., synchronisation, uniformity, formations, line violations)
- d) Deduction 0.3 each time per gymnast

### **24.4.3 Line Violations**

- a) Exceeding the prescribed Floor area (14 m x 16 m), that is touching the floor with any part of the body outside of the border marking, will result in a deduction of each time
- b) Border markings (the white line) are part of the performing area
- c) A gymnast deducted for a fall, Art. 24.4.2, is not also subject to deductions for line violations
- d) Deduction 0.1 each time

### **24.4.4 Movements Corresponding to the Music (0.2)**

- a) There must be a relationship between the music and the movement. The program must give the feeling to “see what you hear and hear what you see”
- b) Deduction 0.2 once for not having relationship between movement and the music

## 24.5 Table of Additional Execution Deductions

Additional Execution Deductions	Deductions
1. Wrong number of gymnasts	1.0/gymnast
2. Fall	0.3/gymnast each time
3. Line Violations	0.1 each time
4. Movements Corresponding to the Music	0.2 once

## 24.6 Execution Bonus (max 0.1)

If the floor program or parts of it are performed with excellent skill and the program is especially well transmitted to the audience, the team can be awarded a bonus of maximum 0.1 on each judge's E score.

## 24.7 Head Judge (E1) Deductions

E1 deductions are taken from the final Apparatus score.

### 24.7.1 Interrupting the Floor Program (1.0/gymnast)

If a gymnast stops performing and leaves the floor area, there will be a deduction of 1.0/gymnast for interrupting the floor program.

### 24.7.2 Incorrect Timing (0.3/2.0)

- The time limit is between 2 minutes 15 seconds and 2 minutes 45 seconds
- Timekeeping starts with the music and ends when the last movement is performed
- Elements performed after the time limit will be recognized and evaluated
- E2 judge measures time
- HJ deduction 0.3 for time fault, will be taken for under/over timing
- HJ deduction 2.0 for very short program (less than 2 min)

### 24.7.3 Incorrect Music (0.3)

- The complete presentation is performed to optional music
- The music must be instrumental with no lyrics. This means no words even if we don't know what the words mean. Human voice may be used as an instrument. e.g. humming and whistling
- HJ deduction 0.3 for absence of music or music with lyrics

#### **24.7.4 Incorrect Clothing (0.3)**

- a) The following will cause deductions for incorrect clothing (other than SJ deductions)
- Missing competition number (individual gymnasts)
  - Footwear (if not worn by entire team)
  - Loose items (including loose competition numbers)
  - Body painting
  - HJ deduction 0.3 once for incorrect clothing

#### **24.7.5 Wearing Jewellery (0.3)**

- a) No jewellery of any kind may be visible according to Art 4.2.1
- b) HJ deduction 0.3 once

#### **24.7.6 Wearing Insecure or Intrusively Coloured Bandages (0.3)**

- a) The bandages (including joint supports) must be securely fastened and of a non-intrusive colour, according to Art 4.2.1. and 8.2
- b) HJ deduction 0.3 once for insecurely fastened or intrusively coloured bandages

#### **24.7.7 Not Respecting the Apparatus or Competition Requirements (0.3/item)**

- a) The deduction for not respecting the apparatus or competition requirements is used in the following cases:
- Entering the arena against the competition requirements
  - Not jogging to the starting position on floor area
  - Changing gymnasts during the floor program
- b) HJ deduction 0.3 per item for not respecting apparatus/competition requirements

## 24.8 Table of Execution HJ Deductions

Summary of Execution HJ Deductions	Deduction
1. Interrupting the Floor program	1.0/gymnast
2. Timing <ul style="list-style-type: none"> <li>• Under/over timing</li> <li>• Very short program</li> </ul>	0.3 2.0
3. Music <ul style="list-style-type: none"> <li>• Absence of music</li> <li>• Music with clear lyrics</li> </ul>	0.3 once
4. Incorrect Clothing <ul style="list-style-type: none"> <li>• Missing competition numbers</li> <li>• Footwear (if not worn by entire team)</li> <li>• Loose items (including loose competition numbers)</li> <li>• Body painting</li> </ul>	0.3 once
5. Wearing Jewellery	0.3 once
6. Wearing Insecure or Intrusively Coloured Bandages	0.3 once
7. Not Respecting the Apparatus/Competition Requirements <ul style="list-style-type: none"> <li>• Entering arena against the competition requirements</li> <li>• Not jogging to the starting position on floor area</li> <li>• Changing gymnasts during the floor program</li> </ul>	0.3/item

## SECTION 9 - TUMBLE

### Art 25 Apparatus Requirements

#### 25.1 General

- SWE a) Each team performs three different tumble rounds, where each series must consist of a combination of at least three acrobatic elements without intermediate steps or pauses any exceptions are specified in TB
- b) The program is performed to music, which must be instrumental without lyrics
- SWE c) The time limit is 2 minutes and 45 seconds (any exceptions are specified in the TB for the competition).
- SWE d) The team presents six gymnasts for each round (exceptions are specified in the TB for the competition). Different gymnasts from the team may perform in each round
- e) Mixed teams must have the same number of male and female gymnasts performing in each round
- SWE f) All tumble performers must participate in the Floor Program unless excused by the medical staff due to injury (Penalty is disqualification of the team). Any exceptions are specified in TB for the competition.
- g) The team must jog into the competition arena when the competition organizers direct them. The team lines up at the run up where they wait for the green flag/light. When the team is in position and they get the green flag from the Head Judge (E1) the music will begin, and the team may start their program
- h) Marking the run-up or the tumble track with clothes or other things is not allowed. A tape measure will be attached to the floor at the side of the run-up. It will measure distance from the start of the landing area
- i) All gymnasts must land their last element in the landing area
- j) After the first and second rounds, the gymnasts must return by jogging back together
- SWE k) One coach (and only one) must be present for safety spotting on the landing mat, preferably on the far side from the judges. The coach is temporarily allowed to step onto the tumble track

#### 25.2 Composition Requirements (2.0)

- a) First Round: All gymnasts perform exactly the same series (Team Round)
- b) Second Round: All gymnasts perform the same series or increase difficulty
- c) Third Round: All gymnasts perform the same series or increase difficulty
- d) At least one round must be backwards, where all performed element(s) in the series are backward
- e) At least one round must be forwards, where all performed element(s) in the series are forward

- f) In one other round, there are no requirements for element direction, and they may be forward, backward or a combination of forward and backward elements
- g) When twisting doubles or triples with less than three twists in the Team Round the gymnasts must perform the same number of twists in each salto
- h) The team must show a great variation in the chosen series (see Art 26.2)

### 25.3 Difficulty Requirements (Open value)

- a) The choice of elements in the program should never sacrifice style and technical precision in favour of difficulty. The selected elements should always fit the knowledge and maturity of the gymnasts
- b) The difficulty value for all valid basic elements is found in Art 27.4 with additional values in Art 27.5
- c) Triple saltos with blind landing are for safety reasons not recommended and will result in a composition deduction (see Art 26.2.7). A blind landing occurs when the gymnast lands the triple salto in the forward direction (+/-90°)

SWE

### 25.4 Execution Requirements (10.0)

- a) The execution (E) score for each round is calculated by taking deductions from 10.0 points according to Art 28.2. The execution faults are explained in more detail in the Table of General Faults and Penalties contained in Appendix A6
- b) Execution Bonus (+0.1) can be added to the execution score as explained in Art 28.5

## Art 26 Composition

### 26.1 General

- a) All composition deductions are made under the composition score. The maximum deduction in composition is 2.0. The team might cause deductions higher than 2.0, but the judges can only deduct up to the maximum limit
- b) For composition all elements with a credited D value are considered. In the Team Round, this is also the case when a gymnast is not performing the exact same series as the majority and zero is given for the difficulty of the series
- c) Any element(s) performed after a pause, a fall or intermediate steps will not be counted under composition
- d) If not otherwise stated all composition requirements are taken into account, except when there are less than six gymnasts in the round. In this case, no composition deductions under Art 26.2 are taken for the missing gymnast
- e) If there are more than six gymnasts in a round, only the first six gymnasts are counted for C. In case the TB allows for more than six gymnasts, C deductions are taken for all gymnasts, except correct order (26.2.2) that is taken for the indicated number of gymnasts standing last in the round.

SWE

## 26.2 Definitions for Composition Deductions

The deduction is shown in brackets, in the header of the following items

### 26.2.1 Team Round (0.2 per gymnast)

- a) In the first round every gymnast must perform the exact same series. It is called the Team round. See Appendix A5 for the recognition of different elements
- b) Deduction 0.2 per gymnast not performing the Team Round

### 26.2.2 Correct Order in 2<sup>nd</sup> and 3<sup>rd</sup> Rounds (0.1 per gymnast each time)

- a) In the second and third rounds, increasing the difficulty is allowed within the series
- b) The series must be performed in difficulty order. However, within each round, single saltos must be performed before double saltos and double saltos before triple saltos
- c) Within the single salto, double salto and triple salto sections, the elements are performed in difficulty order.
- d) In case the TB allows for more than six gymnasts, the deduction is only made for the last six gymnasts in each round.
- e) Deduction 0.1 per gymnast for not ordered correctly

SWE

### 26.2.3 Repetition of the Last Element (0.2 per gymnast each time)

- a) If any gymnast performs exactly the same last element from another round, there will be a deduction of 0.2 per gymnast each time
- b) The round where the last element is performed the most times is free from deduction
- c) This deduction is not taken when performing the wrong series in the Team Round
- d) Deduction 0.2 per gymnast each time for repetition

### 26.2.4 Forward or Backward Rounds (0.2 per gymnast)

- a) The team must perform at least one round backwards and one round forwards. Deduction is based on the round that comes closest to fulfilling the requirement
- b) Deduction 0.2 per gymnast for missing forward or backward rounds

### 26.2.5 Twist Requirement (0.2 per gymnast)

- a) The team must perform one round where the gymnasts perform a series that contains an element with at least 360° twist in single saltos or at least 180° twist in double or triple saltos
- b) Deduction is based on the round where the twist is performed by the most gymnasts
- c) Deduction 0.2 per gymnast for not fulfilling twist requirement



### 26.2.6 Double Salto Requirement (0.2 per gymnast)

- a) Senior teams must perform one round where the gymnasts perform a series that contains at least double saltos (i.e., triple saltos also accepted)
- b) Deduction is based on the round where the double saltos are performed by the most gymnasts
- c) Deduction 0.2 per gymnast for not fulfilling the double salto requirement

### 26.2.7 Blind Landings in Triple Saltos (0.3 per gymnast each time)

- a) In case of a zero DV landing, the composition deduction for blind landing is not applied. See Performance Requirements in 27.3 b) and c)
- b) Deduction 0.3 per gymnast and element for performing blind landings in triple saltos

### 26.2.8 Missing Element in the Series (0.3 per gymnast and missing element)

- a) In case a gymnast performs fewer elements in a series than required, there is a deduction. If the TB allows rounds that contain only two elements, the deduction for missing element is based on having less than two elements in that round. Only elements with a credited D value are counted
- b) This deduction is not taken when performing the wrong series in the Team Round
- c) In case of running through with no element performed or no element with credited D value, the composition deduction is not taken (see Execution deduction in 28.3.1)
- d) Deduction 0.3 per gymnast and missing element

## 26.3 Summary of Composition Deductions

Composition Deductions	Deduction
1. Missing Team Round	0.2/gymnast
2. Not Correct Order in 2 <sup>nd</sup> and 3 <sup>rd</sup> Rounds	0.1/gymnast each time
3. Repetition of the Last Element	0.2/gymnast each time
4. Missing Forward or Backward rounds	0.2/gymnast
5. Not Fulfilling Twist Requirement	0.2/gymnast
6. Not Fulfilling Double salto Requirement (Senior Teams only)	0.2/gymnast
7. Blind Landings in Triple Saltos	0.3/gymnast and element
8. Missing Element in the Series	0.3/gymnast and element

## Art 27 Difficulty (Open value)

### 27.1 General

- a) The difficulty of each series on Tumble is open
- b) The series difficulty value is calculated from the two different elements with the highest difficulty values
- c) The difficulty values of the most common valid elements and series are shown in the Table of Difficulty (Appendix A3). It is allowed to perform valid elements which do not have a code number or symbol, if the difficulty value can be counted by using the basic element value and add values for twisting

### 27.2 Forming the Difficulty Value

- a) The difficulty value for each round is calculated as the sum of the difficulty values for gymnasts' individual routines
- b) The difficulty values for the three rounds are averaged and rounded down to the nearest 0.1 for the team's difficulty value
- c) The difficulty value in doubles and triples is defined by the least difficult body position adopted by the gymnast. Example: The difficulty value for a double with straight in first salto and pike in second salto will be given the value for a double pike
- d) In case more than six gymnasts perform in a round, the difficulty value is based on the elements performed by the first six gymnasts
- e) In case the TB allows for more than six gymnasts, the difficulty is based on the elements performed by the last six gymnasts

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### 27.3 Performance Requirements

- a) All elements are re-evaluated on what is actually performed – except in the first round (Team Round). If a gymnast does not perform the exact same series as the majority in the first round the gymnast will be given zero for the difficulty
- b) Elements not landing feet first will be valued at zero for difficulty. This means not landing on the sole of the feet/foot before any other body part.
- c) Other elements valued at zero for difficulty are those that land with feet/foot first but falling in the same movement to back, side, seat, knees or landing with hands and knees/feet at the same time. The same movement means when the legs are not showing resistance that slows down the centre of gravity or changes its path after contact.
- d) Any element(s) performed after a pause, a fall or intermediate steps will not be counted for difficulty
- e) Run through will be re-valued at zero for difficulty

- f) Any coach support to make a skill or achieve a feet first landing for the gymnast will result in zero DV. The other elements in the tumble are still used to calculate the difficulty for the series (except in the Team Round).

## 27.4 Basic Element Values – Tumble

Group	Basic element	Value
Group 1 – forwards	Cartwheel	0.10
	Handspring	0.20
	Flyspring	0.20
	Tucked salto	0.20
	Piked salto	0.30
	Straight salto	0.40
	Starting salto*	
	- Tucked	0.20
	- Piked	0.30
	- Straight	0.30
	- Straight full twist	0.40
	Double salto tucked	1.20
	Double salto piked	1.40
Double salto straight	1.60	
Group 2 – backwards	Round-off	0.10
	Flick Flack	0.20
	Tucked salto	0.20
	Piked salto	0.20
	Straight salto	0.30
	Whipback	0.30
	Double salto tucked	0.80
	Double salto piked	0.90
	Double salto straight	1.10
	Triple salto tucked	1.60
	Triple salto piked	1.90

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\* Some starting saltos have a reduced difficulty value

## 27.5 Additional Values for Twisting

- 0.1 for each half twist (180°) in single and doublesaltos
- 0.2 for each half twist (180°) in triple saltos
- 0.1 extra for twisting 1080° and for each further fulltwist.

## Art 28 Execution (10.0)

### 28.1 General

- a) The execution score for each round is calculated as the sum of the execution faults (Art 28.2 and 28.3) for all gymnasts' individual routines taken from 10.0
- b) Some deductions refer to the entire series, while others are related to the execution of each element or the last element in particular
- c) Any element(s) performed after a pause, a fall or intermediate steps are not deducted for under execution
- d) Each E judge submits a single score that is the average of their three execution scores (one for each round) rounded to the nearest 0.1
- e) Execution bonus 0.1 (Art 28.5) can be rewarded on each judge's final E score
- f) Head Judge's (E1) deductions will be taken from the final Tumble score
- g) In case the TB allows for more than six gymnasts, the execution score per round is calculated as the sum of all gymnasts' individual deductions, divided by the number of performing gymnasts and multiplied by six. This gives the total E deduction for the round.

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### 28.2 Definitions of Execution Faults

The maximum deduction is shown in brackets, in the header of the following items.

#### 28.2.1 Body Shape in Saltos (0.5)

- a) Tucked, piked and straight body positions in saltos must be performed with clear and defined body shape, with feet and legs kept together, as well as feet pointed. Arms close to the body
- b) Maximum shape deductions are for the whole element and not per salto
- c) Deduction 0.1, 0.2 or 0.3 per gymnast/element for hip and knee angle faults
- d) Deduction 0.1 per gymnast/element for split/crossed legs
- e) Deduction 0.1 per gymnast/element for head or feet errors
- f) Deduction 0.1 per gymnast/element for arms not close to the body and axis of rotation in twists

#### 28.2.2 Body Shape for Elements other than Saltos (0.4)

- a) Elements that are found in the Table of Difficulty (not the saltos) must be performed with a clear and defined body shape with feet and legs kept together where appropriate, as well as feet pointed
- b) Deduction 0.1, or 0.2 per gymnast/element for arms/shoulder, hip and knee angle faults
- c) Deduction 0.1 per gymnast/element for split/crossed legs, head or feet errors

- d) Deduction 0.1 per gymnast/element for only one hand support as a failure to meet element's technical requirement

### **28.2.3 Twisting (0.5)**

- a) The take-off phase must be clearly shown, and the twist must be completed before landing
- b) Deduction 0.1 or 0.2 per gymnast/element for initiating the twist too early
- c) Deduction 0.1 per gymnast/element for under/over rotation of the twist 30°–45° at the landing
- d) Deduction 0.3 per gymnast/element for under/over rotation of twist >45° at the landing

### **28.2.4 Momentum (0.3)**

- a) A tumble must maintain or increase momentum
- b) Deduction 0.1, 0.2 or 0.3 per gymnast for loss of momentum

### **28.2.5 Height of the Final Salto (0.2)**

- a) The final salto must be performed at appropriate height
- b) Deduction 0.2 per gymnast for too low final salto

### **28.2.6 Opening and Landing Positions in Saltos (0.5)**

- a) Before landing the gymnast must open the salto and show an extended body position. Preparation for landing is allowed after horizontal (90° from vertical)
- b) Deduction 0.1 per gymnast for late opening (>90° - 135° from vertical) or early opening not kept until horizontal
- c) Deduction 0.2 per gymnast for opening after 135° from vertical or no opening before landing
- d) Twisting must be completed by horizontal. Deduction 0.1 per gymnast for twisting not completed at horizontal
- e) The body position at landing must be upright. Some bending of the knees ( $\leq 90^\circ$ ) and some bending at the hips ( $\leq 90^\circ$ ) is allowed to absorb the landing force. Deduction 0.1–0.3 per gymnast at landing for hips/knees bending >90° up to a deep squat

### **28.2.7 Landing the Last Element inside the Landing Zone (0.3)**

- a) Gymnast should land the last element in the landing area
- b) The first point of contact with the landing area, should be inside the coloured landing zone (1.5 x 3.0 m)
- c) If the landing area outside the landing zone is touched with any part of the body as first point of contact, there will be a small deduction. Deduction 0.1 per gymnast for touching outside of the landing zone

- d) If first point of contact is completely outside the landing zone, there will be a large deduction. Deduction 0.3 per gymnast for landing outside the landing zone
- e) It is allowed to step outside the landing zone after the initial contact with the landing area

### **28.2.8 Control in Landing (1.0)**

- a) The landing must be controlled with both feet at the same time, but may continue moving in the direction of the tumble (stream) under control
- b) To gain control after landing it is allowed to take one small step ( $\leq 60^\circ$  leg separation) or a small rebound from extended legs. Further steps (once balanced) to exit the landing zone are accepted without deduction
- c) Movement of other body parts (e.g. none supportive arm movement) are not deductible.
- d) There is no requirement to place feet together after control has been attained
- e) Deduction 0.1 per gymnast for one large step ( $>60^\circ$  leg separation), or for a large rebound jump (knees flex to maintain upright position), or not landing with both feet at the same time
- f) Deduction 0.2 per gymnast for multiple steps or corrections to gain control
- g) Deduction 0.5 per gymnast for light touching of the mat with hands/knees without supportive weight
- h) Deduction 0.8 per gymnast for falling due to over rotation
- i) Deduction 1.0 per gymnast for falling due to under rotation

### **28.2.9 Coaches' Actions (1.5)**

- a) A compulsory coach standing in is only there to react in case of dangerous situations, not to draw attention to themselves
- b) The coach is there to avoid injury to the gymnasts and not to stop gymnasts from falling over
- c) All supportive actions that touch the gymnast are deductible
- d) Deduction 1.0 per gymnast for support
- e) Deduction 1.5 per gymnast for not acting in a dangerous situation

### **28.2.10 Streaming (0.1)**

- a) Streaming (time between each gymnast) must be even between all gymnasts. At least two gymnasts must be moving at the same time however the next gymnast is not allowed to start the first element until the previous gymnast has completed the last element
- b) Deduction 0.1 each time per gymnast for irregular streaming

### **28.2.11 Jogging Back Together Between Rounds (0.4)**

- a) Gymnasts must jog back to the run up after rounds one and two. They must return together
- b) Deduction 0.4 per team for each round for not jogging back
- c) Deduction 0.4 per team for each round for not returning together

## **28.3 Special Deductions**

### **28.3.1 Running Through (3.0)**

- a) In case a gymnast runs through without attempting any recognizable element or not performing any element there will be a deduction of 3.0 per gymnast
- b) No other execution deductions under Art 28.2 and 28.3.2 are taken for the gymnast

### **28.3.2 Wrong Number of Gymnasts (3.0)**

- a) In case there are too few or too many gymnasts performing there will be a deduction of 3.0 per missing/extra gymnast
- b) In case there are not the same number of male and female gymnasts in a mixed team, there will be a deduction of 3.0 per missing/extra gymnast
- c) In case the TB allows for more than six gymnasts per round, the number of female and male gymnasts in a mixed team is counted for the indicated number of gymnasts standing last in the round.
- d) No other execution deductions under Art 28.2 and 28.3.1 are taken for the extra gymnast

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## 28.4 Summary of Execution Deductions (E panel)

The following table gives a summary of all the possible execution deductions.

<b>Table of Execution Deductions (10.0)</b>	<b>0.1</b>	<b>0.2</b>	<b>0.3 or more</b>
1. Unclear Body Shape in Saltos (0.5) - Hip and knee angle faults - Split, crossed legs - Head or feet error - Arms not close to body/rotation axis	X X X X	X	X
2. Unclear Body Shape for Elements Other than Saltos (0.4) - Arms/shoulder, hip and knee angle faults - Split/crossed legs, head or feet errors - One hand support	X X X	X	
3. Unclear Twisting (0.5) - Initiating the twist too early - Under/over rotation when landing (30°-45°) - Under/over rotation when landing (>45°)	X X	X	X
4. Loss of Momentum (0.3)	X	X	X
5. Incorrect Opening and Landing Positions in Saltos (0.5) - Late opening (90°- 135°) or early opening not kept until horizontal - Late opening (after 135°) or no opening before landing - Not completed twisting at horizontal - Hips/knees bending >90° up to a deep squat at landing	X  X X	X X	X
6. Too Low Final Salto (0.2)		X	
7. Landing the Last Element Outside the Landing Zone (0.3) - Touching outside of the landing zone - Landing outside the landing zone	X		X
8. Lack of Control in Landing (1.0) - One large step (>60° leg separation), or for a large rebound jump, or not landing with both feet at the same time - Multiple steps or corrections to gain control - Light touching of the mat with hands/knees without supportive weight - Falling due to over rotation - Falling due to under rotation	X	X	0.5 0.8 1.0
9. Coaches' Actions (1.5) - Support - Not acting in dangerous situation			1.0 1.5
10. Irregular Streaming (0.1)	X		



11. Not Jogging Back or Together Between Rounds (0.4)			
- Not Jogging Back			0.4
- Not returning together			0.4
12. Special Deductions (3.0 per gymnast and item)			
- Running through			3.0
- Wrong number of gymnasts			3.0

## 28.5 Execution Bonus (max 0.1)

- a) Execution Bonus is only rewarded if the following criteria are fulfilled in at least one round:
  - Identical technique, between all gymnasts
  - All landings in that round must be upright and under control
- b) Bonus 0.1 per team on each judge's final E score

## 28.6 Head Judge (E1) Deductions

E1 deductions taken from the final apparatus score.

### 28.6.1 Incorrect Timing (0.3)

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- a) The time limit is 2 minutes 45 seconds (any exceptions are specified in the TB)
- b) The timekeeping starts with the music and ends when the last element is performed in the third round
- c) Series performed after the time limit will still be recognized and evaluated
- d) The E2 judge measures the time
- e) HJ deduction for time fault is 0.3 and it will be taken for over timing

### 28.6.2 Incorrect Music (0.3)

- a) The complete presentation is performed to optional music
- b) The music must be instrumental with no lyrics. This means no words even if we don't know what the words mean. Human voice may be used as an instrument (e.g. humming and whistling)
- c) HJ deduction 0.3 for absence of music or music with lyrics

### 28.6.3 Incorrect Clothing (0.3)

- a) The following will cause deductions for incorrect clothing (other than SJ deductions):
  - Missing competition number (individual gymnast)
  - Loose items (including loose competition numbers)
  - Body painting
- b) HJ deduction for incorrect clothing 0.3 once

#### **28.6.4 Coach Giving Verbal or Visual Instructions (0.3)**

- a) Coaches are not allowed to give any visual or verbal instructions for the gymnast during the tumble program.
- b) In the case when the coach wants the team to interrupt the program, due to technical reasons or due to injury, or to talk to an injured gymnast there won't be any deduction
- c) HJ deduction for coach giving instructions is 0.3 once

#### **28.6.5 Wearing Jewellery (0.3)**

- a) No jewellery of any kind may be visible on gymnasts or stand-ins according to the Art 4.2.1 and 8.2
- b) HJ deduction 0.3 once

#### **28.6.6 Wearing Insecure or Intrusively Coloured Bandages (0.3)**

- a) The bandages (including joint supports) must be securely fastened and of a non-intrusive colour according to the Art 4.2.1 and 8.2
- b) HJ deduction for insecurely fastened or intrusively coloured bandages 0.3 once

#### **28.6.7 Respecting Apparatus or Competition Requirements (0.3/item)**

- a) The deduction for not respecting the apparatus or competition requirements is used in the following cases:
  - Entering the arena against the competition requirements
  - Marking or extending the run-up with clothes or other things
  - Starting the performance before the green flag/light from the Head Judge (E1)
  - More than one coach in the landing area
  - Coach leaving the landing area/tumble track during the round. If leaving area due to supportive action or injury there is no deduction
- b) HJ deduction for not respecting apparatus/competition requirements 0.3 per item

## 28.7 Summary of Head Judge (E1) Deductions

Summary of Execution HJ Deductions	Deduction
1. Incorrect Timing - Over timing	0.3
2. Incorrect Music - Absence of music - Music with lyrics	0.3 once
3. Incorrect Clothing - Missing competition numbers - Loose items (including loose competition numbers) - Body painting	0.3 once
4. Coach Giving Verbal or Visual Instructions	0.3 once
5. Wearing Jewellery	0.3 once
6. Wearing Insecure or Intrusively Coloured Bandages	0.3 once
7. Not Respecting the Apparatus/Competition Requirements - Entering the arena against the competition requirements - Marking or extending the run-up with clothes or other items - Starting the performance before the green flag/light from E1 - More than one coach in the landing area - Coach leaving the landing area/tumble track	0.3/item

## SECTION 10 – TRAMPET

### Art 29 Apparatus Requirements

#### 29.1 General

- a) Each team performs three different trampet rounds
- SWE b) The program is performed to music, which must be instrumental without lyrics. The time limit is 2 minutes and 45 seconds (any exceptions are specified in the TB for the competition)
- SWE c) The team presents six gymnasts for each round (exceptions are specified in TB for the competition). Different gymnasts from the team may perform in each round
- d) Mixed teams must have the same number of male and female gymnasts performing in each round
- SWE e) All trampet performers must participate in the Floor Program unless excused by the medical staff due to injury (Penalty is disqualification of the team. Any exceptions are specified in TB for the competition)
- f) The team must jog into the competition arena when the competition organizers direct them. The team lines up at the run up where they wait for the green flag/light. When the team is in position and they get the green flag/light from the Head Judge (E1) the music will begin, and the team may start their program
- g) Marking the run-up with clothes or other things is not allowed. A tape measure will be attached to the floor at the side of the run-up. It will measure distance from the start of the landing area
- h) Once the performance has started there should be no further adjustment of apparatus, unless there is a technical fault
- i) After the first and second rounds, the gymnasts must return by jogging back together
- j) Two coaches (and only two) must be present for safety spotting on the landing mat

#### 29.2 Composition Requirements (2.0)

- a) First Round: All gymnasts perform exactly the same element (Team Round)
- b) Second Round: All gymnasts perform the same element or increase difficulty
- c) Third Round All: gymnasts perform the same element or increase difficulty
- d) At least one round must be performed on the vaulting table
- e) At least one round must be performed without the vaulting table
- f) When twisting doubles or triples with less than three twists in the Team Round the gymnasts must perform the same number of twists in each salto
- g) The team must show a great variation in the chosen series (see 30.2)

### 29.3 Difficulty Requirements (Open value)

- a) The choice of elements in the program should never sacrifice style and technical precision in favour of difficulty. The selected elements should always fit the knowledge and maturity of the gymnasts
- b) The difficulty value for all valid basic elements is found in Art 31.4 with additional values for twists in Art 31.5. There are separate allowed basic elements with and without the vaulting table
- c) Triple saltos with blind landing are for safety reasons not recommended and will result in a composition deduction (see Art 30.2.6). A blind landing occurs when the gymnast lands the triple salto in the forward direction (+/-90°)

### 29.4 Execution Requirements (10.0)

- a) The execution E score for each round is calculated by taking deductions from 10.0 points according to Art 32. The execution faults are explained in more detail in the Table of General Faults and Penalties contained in Appendix A6
- b) In case the TB allows for more than six gymnasts, the execution score per round is calculated as the sum of all gymnasts' individual deductions, divided by the number of performing gymnasts and multiplied by six. This gives the total E deduction for the round.
- c) Bonus (+0.1) can be added to the execution score as explained in Art 32.5

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## Art 30 Composition

### 30.1 General

- a) All composition deductions are made under the composition score. The maximum deduction in composition is 2.0. The team might cause deductions higher than 2.0, but the judges can only deduct up to the maximum limit
- b) For composition all elements with a credited D value are considered. In the Team Round, this is also the case when a gymnast is not performing the exact same element as the majority
- c) If not otherwise stated all composition requirements are taken into account except when there are less than six gymnasts in the round. In this case, no composition deductions for the missing gymnast are taken under Art 30.2
- d) If there are more than six gymnasts in a round, only the first six gymnasts are counted for C. In case the TB allows for more than six gymnasts, C deductions are taken for all gymnasts, except correct order (26.2.2) that is taken for the indicated number of gymnasts standing last in the round.

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### 30.2 Definitions for Composition Deductions

The deduction is shown in brackets, in the header of the following items.

### 30.2.1 Team Round (0.2 per gymnast)

- a) In the first round every gymnast must perform the exact same element. It is called the Team Round. See Appendix A5 for the recognition of different elements
- b) Deduction 0.2 per gymnast not performing the Team Round

### 30.2.2 Correct order in 2<sup>nd</sup> and 3<sup>rd</sup> Rounds (0.1 per gymnast)

- a) In the second and third rounds, it is allowed to increase the difficulty of each element
- b) The elements must be performed in difficulty order. However, within each round, single saltos must be performed before double saltos and double saltos before triple saltos
- c) Within the single salto, double salto and triple salto sections, the elements are performed in difficulty order.
- d) In case the TB allows for more than six gymnasts, the deduction is only made for the last six gymnasts in each round.
- e) Deduction 0.1 per gymnast not ordered correctly

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### 30.2.3 Repetition of Elements (0.2 per gymnast each time)

- a) If any gymnast performs exactly the same element from another round, there will be a deduction of 0.2 per gymnast each time
- b) The round where the element is performed the most times is free from deduction
- c) This deduction is not taken when performing the wrong element in the Team Round
- d) Deduction 0.2 per gymnast each time for repetition

### 30.2.4 Twist Requirement (0.2 per gymnast)

- a) Senior teams must perform one round where the gymnasts perform an element with at least 540° twist in saltos (single/double/triple). Note: Tsukahara with 360° twist and Kasamatsu also fulfils this requirement
- b) Junior teams must perform at least one round where the gymnasts perform an element with at least 540° twist in single saltos or at least 180° twist in double or triple saltos
- c) Twist must be performed after hand touch if using the vault
- d) Deduction is based on the round where the twist is performed by the most gymnasts
- e) Deduction 0.2 per gymnast for not fulfilling the twist requirement

### 30.2.5 Double/Triple Salto Requirement (0.2 per gymnast)

- a) The team must perform at least one round that contains double or triple saltos. Any exceptions are specified in the TB.
- b) Deduction is based on the round where the double/triple is performed by the most gymnasts
- c) Deduction 0.2 per gymnast for not fulfilling the double/triple requirement

### 30.2.6 Blind Landings in Triple Saltos (0.3 per gymnast each time)

- a) In case of a zero DV landing, the composition deduction for blind landing is not applied. See Performance Requirements in 31.3 b) and c)
- b) Deduction 0.3 per gymnast and element for performing blind landings in triple saltos.

### 30.2.7 Round With and Without Vaulting Table (2.0 per team)

- c) The team must perform at least one round with the vaulting table and one round without
- d) Individual gymnasts running through (with or without vault) will not cause this deduction
- e) Deduction 2.0, if round with or round without vaulting table is missing

## 30.3 Summary of Composition Deductions

Composition Deductions	Deduction
1. Missing Team Round	0.2/gymnast
2. Not Correct Order in 2nd and 3rd Rounds	0.1/gymnast each time
3. Repetition of Elements	0.2/gymnast each time
4. Not Fulfilling Twist Requirement	0.2/gymnast
5. Not Fulfilling Requirement for Double or Triple Saltos	0.2/gymnast
6. Blind Landings in Triple Saltos	0.3/gymnast each time
7. No Round With or Without the Vaulting Table	2.0/team

## Art 31 Difficulty (Open value)

### 31.1 General

- a) The difficulty of each element is open
- b) The difficulty values of the most common valid elements are shown in the Table of Difficulty (Appendix A4). It is allowed to perform elements which do not have a code number or symbol, if the difficulty value can be counted by using the basic element value and add values for twisting

### 31.2 Forming the Difficulty Value

- a) The difficulty value for each round is calculated as the sum of the difficulty values for all gymnasts' individual routines
- b) The difficulty values for the three rounds are averaged and rounded down to the nearest 0.1 for the team's difficulty value
- c) Double and triple saltos are counted from the trampet to landing. Tsukahara, Kasamatsu and handspring salto are considered as double saltos. Double Tsukahara, double Kasamatsu and handspring double salto are considered as triple saltos
- d) The difficulty value in doubles and triples is defined by the least difficult body position adopted by the gymnast. Example – the difficulty value for a double with straight in first salto and pike in second salto will be given the value for a double pike
- e) In case more than six gymnasts perform in a round, the difficulty is based on the elements performed by the first six gymnasts
- f) In case the TB allows for more than six gymnasts, the difficulty is based on the elements performed by the last six gymnasts.

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### 31.3 Performance Requirements

- a) All elements are re-evaluated on what is actually performed - except in the first round (Team Round). If a gymnast does not perform the exact same element as the majority in the first round the gymnast will be given zero for difficulty
- b) Elements not landing feet first will be valued at zero for difficulty. This means not landing on the sole of the feet/foot before any other body part.
- c) Other elements valued at zero for difficulty are those that land with feet/foot first but falling in the same movement to back, side, seat, knees or landing with hands and knees/feet at the same time. The same movement means when the legs are not showing resistance that slows down the centre of gravity or changes its path after contact.
- d) Touching the vault with only one hand will result in execution deductions, but will not affect the difficulty (valid element)
- e) Run through will be re-valued at zero for difficulty



- f) Any coach support to make a skill or achieve a feet first landing for the gymnast will result in zero DV.

### 31.4 Basic Element Values - Trampet

Group	Basic Element	Value
<b>Group 1 – With vaulting table</b>	¼ on – ¼ off	0.30
	Handspring	0.40
	Handspring ½ on	0.40
	Handspring salto tucked	0.80
	Handspring salto piked	0.90
	Handspring salto straight	1.00
	Handspring double tuck ½ out	1.70
	Handspring double piked ½ out	1.90
	Handspring double straight ½ out	2.10
	Tsukahara tucked	0.80
	Tsukahara piked	0.90
	Tsukahara straight	1.00
	Double Tsukahara tucked	1.60
	Double Tsukahara piked	1.80
	Double Tsukahara straight	2.00
<b>Group 2 – Without vaulting table</b>	Tucked salto	0.10
	Piked salto	0.10
	Straight salto	0.20
	Double salto tucked	0.60
	Double salto piked	0.70
	Double salto straight	0.80
	Triple salto tucked ½ out	1.50
	Triple salto piked ½ out	1.70
	Triple salto straight ½ out	1.90

There are no plans to include quads at the European Championships at this time.

The difficulty value for triple saltos with blind landings are calculated by removing the additional value for twisting. See Art 31.5.

### 31.5 Additional Values for Twisting

- 0.1 for each half twist (180°) in single and doublesaltos
- 0.2 for each half twist (180°) in triple saltos
- 0.1 extra for twisting 1080° and for each further fulltwist

## Art 32 Execution (10.0)

### 32.1 General

- a) The execution score for each round is calculated as the sum of the execution faults (Art 32.2 and 32.3) for all gymnasts' individual routines taken from 10.0
- b) There are requirements on both the aerial phase as well as the landing, which includes height and an extended body position before landing
- c) Each E judge submits a single score that is the average of their three scores (one for each round) rounded to the nearest 0.1
- d) Execution bonus (Art 32.5) 0.1 can be rewarded on each judge's final E score
- e) Head Judge (E1) deductions will be taken from the final Trampet score

### 32.2 Definitions of Execution Faults

The maximum deduction is shown in brackets, in the header of the following items.

#### 32.2.1 Contact with the Vault (0.6)

- a) Gymnasts must touch the table with both hands, leave the vaulting table in an extended body position through the vertical, and use the vaulting table to achieve a visible lift off the table
- b) Deduction 0.1 per gymnast for leaving the vaulting table too early (angle when leaving the vault outside the 45° to the trampet side)
- c) Deduction 0.2 per gymnast for leaving the vaulting table too late (angle when leaving the vault outside the 30° to the landing zone side)
- d) Deduction 0.1-0.2 per gymnast for not leaving the vaulting table with extended body position
- e) Deduction 0.2 per gymnast for not having straight arms when leaving the vaulting table
- f) Deduction 0.6 per gymnast for touching the vaulting table with only one hand

#### 32.2.2 Body Shape (0.5)

- a) Tucked, piked and straight body positions must be performed with clear and defined body shape, with feet and legs kept together, as well as feet pointed. Arms close to the body
- b) Maximum shape deductions are for the whole jump and not per salto
- c) Deduction 0.1, 0.2 or 0.3 per gymnast/element for hip and knee angle faults
- d) Deduction 0.1 per gymnast/element for split/crossed legs
- e) Deduction 0.1 per gymnast/element for head or feet errors
- f) Deduction 0.1 per gymnast/element for arms not close to the body and axis of rotation in twists

### 32.2.3 Twisting (0.5)

- a) The take-off phase must be clearly shown, and the twist must be completed before landing
- b) Deduction 0.1 or 0.2 per gymnast/element for initiating the twist too early
- c) Deduction 0.1 per gymnast/element for under/over rotation of the twist 30°–45° at the landing
- d) Deduction 0.3 per gymnast/element for under/over rotation of the twist >45° at the landing

### 32.2.4 Height of the Salto (0.2)

- a) The salto must be performed at appropriate height
- b) The salto can be performed without vaulting table or with vaulting table (Tsukahara, Kasamatsu, Handspring salto)
- c) Deduction 0.2 per gymnast for too low salto

### 32.2.5 Opening and Landing Positions (0.5)

- a) Before landing the gymnast must show an extended body position. Preparation for landing is allowed after horizontal (90° from vertical)
- b) Deduction 0.1 per gymnast for late opening (>90° - 135° from vertical) or early opening not kept until horizontal
- c) Deduction 0.2 per gymnast for opening after 135° from vertical or no opening before landing
- d) Twisting must be completed by horizontal. Deduction 0.1 per gymnast for twisting not completed at horizontal
- e) The body position at landing must be upright. Some bending of the knees ( $\leq 90^\circ$ ) and some bending at the hips ( $\leq 90^\circ$ ) is allowed to absorb the landing force. Deduction 0.1–0.3 per gymnast at landing for hips/knees bending >90° up to a deep squat

### 32.2.6 Landing zone (0.3)

- a) The first point of contact with the landing area, should be inside the coloured landing zone (1.5 x 3.0 m)
- b) If the landing area outside the landing zone is touched with any part of the body as first point of contact, there will be a small deduction. Deduction 0.1 per gymnast for touching outside of the landing zone
- c) If first point of contact is completely outside the landing zone, there will be a large deduction. Deduction 0.3 per gymnast for landing outside the landing zone. Deduction 0.3 per gymnast for landing outside the landing zone
- d) It is allowed to step outside the landing zone after the initial contact with the landing area

### **32.2.7 Control in Landing (1.0)**

- a) The landing must be controlled with both feet at the same time, but may continue moving in the direction of stream under control
- b) To gain control after landing it is allowed to take one small step ( $\leq 60^\circ$  leg separation) or a small rebound from extended legs. Further steps (once balanced) to exit the landing zone are accepted without deduction
- c) Movement of other body parts (e.g. none supportive arm movement) are not deductible
- d) There is no requirement to place feet together after control has been attained
- e) Deduction 0.1 per gymnast for one large step ( $>60^\circ$  leg separation), or for a large rebound jump (knees flex to maintain upright position), or not landing with both feet at the same time
- f) Deduction 0.2 per gymnast for multiple steps or corrections to gain control
- g) Deduction 0.5 per gymnast for light touching of the mat with hands/knees without supportive weight
- h) Deduction 0.8 per gymnast for falling due to over rotation
- i) Deduction 1.0 per gymnast for falling due to under rotation

### **32.2.8 Coaches' actions (1.5)**

- a) Compulsory coaches standing in are only there to react in case of dangerous situations and not to draw attention to themselves
- b) The coaches are there to avoid serious injury to the gymnasts and not to stop gymnasts from falling over
- c) All supportive actions that touch the gymnast are deductible
- d) Deduction 1.0 per gymnast for support
- e) Deduction 1.5 per gymnast for not acting in a dangerous situation

### **32.2.9 Streaming (0.1)**

- a) Streaming (time between each gymnast) must be even between all gymnasts. At least two gymnasts must be moving at the same time
- b) Deduction 0.1 each time per gymnast for irregular streaming

### **32.2.10 Jogging Back Together Between Rounds (0.4)**

- a) Gymnasts must jog back to the run up after rounds one and two. Gymnasts must return together
- b) Deduction 0.4 per team for each round for not jogging back
- c) Deduction 0.4 per team for each round for not returning together

## 32.3 Special Deductions

### 32.3.1 Running Through (3.0)

- a) In case a gymnast runs through without attempting any recognizable element or not performing any element, including not touching the vaulting table with at least one hand, there will be a deduction of 3.0 per gymnast
- b) No other execution deductions under Art 32.2 and 32.3.2 are taken for the gymnast

### 32.3.2 Wrong Number of Gymnasts (3.0)

- a) In case there are too few or too many gymnasts performing there will be a deduction of 3.0 per missing/extra gymnast
- b) In case there are not the same number of male and female gymnasts in a mixed team, there will be a deduction of 3.0 per missing/extra gymnast
- c) In case the TB allows for more than six gymnasts per round, the number of female and male gymnasts in a mixed team is counted for the indicated number of gymnasts standing last in the round.
- d) No other execution deductions under Art 32.2 and 32.3.1 are taken for the extra gymnast

SWE

## 32.4 Summary of Execution Deductions (E panel)

The following table gives a summary of all the possible execution deductions.

Execution Deductions (10.0)	0.1	0.2	0.3 or more
1. Contact with the Vault (0.6) - Not being vertical (-45° - +30° from the vertical line) - Not leaving the vaulting table in an extended body position - Not having straight arms - Not touching the vault with both hands	X X  X	X X X	0.6
2. Unclear Body Shape (0.5) - Hip and knee angle faults - Split, crossed legs - Head or feet error - Arms not close to body/rotation axis	X X X X	X	X
3. Unclear Twisting (0.5) - Initiating the twist too early - Under/over rotation when landing (30°-45°) - Under/over rotation when landing (>45°)	X X	X	X

4. Too Low salto		x	
5. Incorrect Opening and Landing Positions (0.5) - Late opening (90°- 135°) or early opening not kept until horizontal - Late opening (after 135°) or no opening before landing - Not completed twisting at horizontal - Hips/knees bending >90° up to a deep squat at landing	X  X X	 X X	  X
6. Landing outside the Landing Zone (0.3) - Touching outside of the landing zone - Landing outside the landing zone	X		X
7. Lack of Control in Landing (1.0) - One large step (>60° leg separation), or for a large rebound jump, or not landing with both feet at the same time - Multiple steps or corrections to gain control - Light touching of the mat with hands/knees without supportive weight - Falling due to over rotation - Falling due to under rotation	X	X	0.5  0.8 1.0
8. Coaches' Actions (1.5) - Support - Not acting in dangerous situation			1.0 1.5
9. Irregular Streaming (0.1)	X		
10. Not Jogging Back or Together Between Rounds (0.4) - Not Jogging Back - Not returning together			0.4 0.4
11. Special Deductions (3.0 per gymnast and item) - Running through - Wrong number of gymnasts			3.0 3.0

### 32.5 Execution Bonus (max 0.1)

- a) Execution Bonus is only rewarded if the following criteria are fulfilled in at least one round
- Identical technique, between all gymnasts
  - All landings in that round must be upright and under control
- b) Bonus 0.1 per team on each judge's final E score

## 32.6 Head Judge (E1) Deductions

E1 deductions taken from the final Apparatus score.

### 32.6.1 Incorrect Timing (0.3)

- SWE
- a) The time limit is 2 minutes 45 seconds (any exceptions are specified in the TB)
  - b) The timekeeping starts with the music and ends when the last element is performed in the third round
  - c) Series performed after the time limit will still be recognized and evaluated
  - d) E2 judge measures the time
  - e) HJ deduction for time fault is 0.3 and it will be taken for over time

### 32.6.2 Incorrect Music (0.3)

- a) The complete presentation is performed to optional music
- b) The music must be instrumental with no lyrics. This means no words even if we don't know what the words mean. Human voice may be used as an instrument (e.g. humming and whistling)
- c) HJ deduction 0.3 for absence of music or music with lyrics

### 32.6.3 Incorrect Clothing (0.3)

- SWE
- a) The following will cause deductions for incorrect clothing (other than TTK deductions):
    - Missing competition numbers (individual gymnast)
    - Loose items (including loose competition numbers)
    - Body painting
  - b) HJ deduction for incorrect clothing 0.3 once

### 32.6.4 Coach Giving Verbal or Visual Instructions (0.3)

- a) Coaches are not allowed to give any visual or verbal instructions for the gymnast during the trampet program
- b) In the case when the coach wants the team to interrupt the program, due to technical reasons or due to injury, or to talk to an injured gymnast there won't be any deduction
- c) HJ deduction for coach giving instructions is 0.3 once

### 32.6.5 Wearing Jewellery (0.3)

- a) No jewellery of any kind may be visible on gymnasts or stand-ins according to the Art 4.2.1 and 8.2
- b) HJ deduction 0.3 once

### 32.6.6 Wearing Insecure or Intrusively Coloured Bandages (0.3)

- a) The bandages (including joint supports) must be securely fastened and of a non-intrusive colour according to the Art 4.2.1 and 8.2
- b) HJ deduction for insecurely fastened or intrusively coloured bandages 0.3 once

### 32.6.7 Respecting Apparatus/Competition Requirements (0.3 per item)

- a) The deduction for not respecting the apparatus or competition requirements is used in the following cases:
  - Entering the arena against the competition requirements
  - Marking or extending the run-up with clothes or other items
  - Starting the performance before the green flag/light from the Head Judge (E1)
  - More than two coaches in the landing area
  - Both coaches leaving the landing area during the round. If leaving area due to supportive action or injury there is no deduction
- b) HJ deduction for not respecting apparatus or competition requirements 0.3 per item

## 32.7 Summary of Head Judge (E1) Deductions

Summary of Execution HJ Deductions	Deduction
1. Incorrect Timing - Over timing	0.3
2. Incorrect Music - Absence of music - Music with lyrics	0.3 once
3. Incorrect Clothing - Missing competition numbers - Loose items (including loose competition numbers) - Body painting	0.3 once
4. Coach Giving Verbal or Visual Instructions	0.3 once
5. Wearing Jewellery	0.3 once
6. Wearing Insecure or Intrusively Coloured Bandages	0.3 once
7. Not Respecting the Apparatus/Competition Requirements - Entering the arena against the competition requirements - Marking or extending the run-up with clothes or other items - Starting the performance before the green flag/light from E1 - More than two coaches in the landing area - Both coaches leaving the landing area	0.3/item



# **PART IV**

## **THE APPENDICES**

## **PART IV - THE APPENDICES**

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- A1 Floor - Table of Difficulty**
- A2 Floor - Summarised Execution Faults**
- A3 Tumble - Table of Difficulty**
- A4 Trampet - Table of Difficulty**
- A5 Tumble and Trampet - Element Recognition**
- A6 Tumble and Trampet - General Faults and Penalties**