

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations 2023



Section 7 Special Regulations for Parkour

Version 1.1 – May 2022

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ART. 1 PRINCIPLES FOR THE COMPETITION PROGRAMME

Art. 1.1 Categories

Competitions in Parkour comprise the following categories:

Speed (PKS)

A speed event consists of timed runs over an obstacle course, for

- Men
- Women

Freestyle (PKF)

A freestyle event consists of athletes performing tricks within a determined time period on an obstacle course, for

- Men
- Women

Art. 1.2 General Formats for official FIG competitions

PK Competitions are outdoors, and only indoors with the prior approval of the PK Commission. These competitions consist of Qualifications, Semi-Finals (Speed only) and Finals. The score from Qualification will not be carried forward. All runs, also the Finals, start from 0 points. Note: Wildcards are only permitted for FIG World Cups.

Speed

Speed competitions will be organized on two parallel lanes.

Speed Qualifications

The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course by raising their hand after seeing their time. The starting order for this second (optional) run is determined by the original starting order, but only with the athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

Runners' lanes- Lane 1 is farthest from the judges tower and Lane 2 is closest. Lanes are assigned by draw.

Speed Semi-Finals (max. 3 per NF)

Knock-out competition format

The top athletes from the final ranking list of the Qualification participate in the Semi-Finals. No second run is possible.

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies

The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2nd faces the 2nd to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.

SPEED	11 or less athletes	12-16 athletes	17 athletes or more
Semi-Final No wildcard	No Semi-Final	8 best times from Qualification	10 best times from Qualification
Finals	6 best from Qualification	6 total 4 from Knock-out + 2 next best times overall from Semi-Final	6 total 5 from Knock-out + 1 next best time overall from Semi-Final

Note: One wildcard athlete to be added for host country in the semi-final if they do not qualify. If a wildcard is added an extra athlete will be added, based on next best time outside of the qualifiers to prevent a solo run. The wildcard athlete must be the highest ranked athlete for that country from the Qualification. See below:

Semi-Final with wildcard	No Semi-Final	10 total 8 best times from Qualification + 1 wildcard + 1 next best time from Qualification	12 total 10 best times from Qualification + 1 wildcard + 1 next best time from Qualification
Finals	6 best from Qualification	6 total 5 from Knock-out + 1 next best time from Semi-Final	6 total 6 from Knock-out from Semi-Final

In case of a tie at the 6th rank for the Final, the tie-breaking rules set out in art. 4.1 apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds.

Runners' lanes – Lane 1 is farthest from the judges tower and Lane 2 is closest, determined by qualifying time (better time on lane 1).

Speed Finals (max. 2 per NF)

The top 6 athletes from the final ranking list of the Qualification or the semi-finals participate in the Final.

In the final round, the 5th and 6th, the 3rd and 4th and the 1st and 2nd run by pairs. The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

The Final is held in one single run.

Runners' lanes- Lane 1 is farthest from the judges tower and Lane 2 is closest, determined by qualifying time (better time on lane 1).

Freestyle

Freestyle Qualifications

The starting order for the first run of Qualification will be determined by a draw.

The runs of 30 to 70 seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course (before the score is shown) by raising their hand. The starting order for this second (optional) run is determined by the original starting order, but only with athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts. The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

Freestyle Finals (max. 2 per NF)

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athlete starting last.

Should the host country not qualify, they will receive a wildcard for the Final. Therefore, one additional athlete would be added to the final. The wildcard athlete must be the highest ranked athlete for that country from the Qualification.

Art. 1.3 Work-shops and Educational Sessions

All Parkour competitions should include activities such as showcasing, open work-shops, educational sessions and practice opportunities for the young and young-at-heart and a wider public to develop Parkour and promote the sport.

ART. 2 THE WORLD GAMES

The competition consists of Qualifications and Finals per category.

Art. 2.1 Competition Programme

Qualifications with 12 male athletes and 12 female athletes.

The World Games include medal-awarding competitions in the following 4 categories:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

Programme (example)

Layout of the Programme: e.g.

Day 1: Qualifications Speed- Women and Freestyle Men – Finals Speed Women and Freestyle Men

Day 2: Qualifications Freestyle Women and Speed Men – Finals Freestyle Women and Speed Men

No Speed semi-finals will be held.

The programme is subject to change by the Parkour Commission depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

Art. 2.2 Rights of participation and size of delegations

The number of athletes (12 men + 12 women = total 24) is determining following an agreement between the IWGA and the FIG.

The qualification is based on the FIG Parkour World Championships in the year preceding The World Games.

The quota places are allocated as follows:

- In order to finalize the 12 men and 12 women, four (4) different qualification lists will be assembled first (Men’s Speed, Men’s Freestyle, Women’s Speed, and Women’s Freestyle). No individual athlete will appear on two lists. The two lists for Men will be combined to complete their quota allocation list. The two (2) lists for Women will be combined to complete their quota allocation list.
- There is a maximum quota per NF for participation in The World Games of one male and one female athlete overall.
- The highest ranked athlete from the Qualifying Event Finals, then from Qualifications if necessary, in each gender regardless of category will receive the quota place. In case of a tie anywhere in the selection procedure, the highest ranked athlete from the 2022 World Ranking List (from the World Cup Series) prevails.

Each of the four (4) Qualification Lists will be based on the following Criteria steps:

Category	Criteria 1 Qualifiers	Criteria 2 Continental and Host Country	Final Total
Men’s Speed	5 athletes	Up to 1 athlete	6
Men’s Freestyle	5 athletes	Up to 1 athlete	6
Women’s Speed	5 athletes	Up to 1 athlete	6
Women’s Freestyle	5 athletes	Up to 1 athlete	6

Criteria for each category:

<p>Criteria 1: The top five (5) ranked athletes from the Finals (then Qualifications if necessary) of the Qualifying Event, will earn a nominative quota place.</p>
<p>Criteria 2: To the highest ranked athletes (nominative) based on the Qualifying Event (finals, then qualifications if necessary) in order to fulfill the remaining quota places. These remaining quota places will be filled in in the following order:</p> <ol style="list-style-type: none"> 1. Host country (if needed) – one quota place* (the highest ranking man or woman) in the category and gender of the best rank from the Qualifying Event (finals, then qualifications if necessary) 2. 4 Continents (if needed) – The category precedence order for the remaining quota places is based on the number of athletes participating in each category of the qualifications (each gender) of the qualifying event. The category with the highest number of participants is filled first, and so on. The best athlete(s) from the Qualifying Event (finals, then qualifications if necessary) to fulfill the four required continents is selected to each of the remaining category places in the category precedence order. 3. Once the four required continents quotas are filled, the remaining quota places are filled continuing with the category precedence order. The next ranked athlete(s) from the qualifying event (finals, then qualifications if necessary) in each specific category earns a quota place.). <p><i>*The host country is guaranteed an NF quota place regardless of participation in the World Championships. In this instance, the quota position would be the last place filled.</i></p>

Art. 2.3 Judges

See Technical Regulations, Section 1, Art. 7.8 and PK Specific Judges' Rules.

ART. 3 WORLD CHAMPIONSHIPS

The competition consists of Qualifications, Semi Finals (Speed only) and Finals per category.

Art. 3.1 General Layout of Programme

The general layout of the programme is elaborated and decided by the FIG Secretary General in close cooperation with the LOC and the FIG PK-C. The responsibility for the detailed competition and training schedule is with the PK-C President.

The World Championships include medal-awarding competitions in the following 4 categories:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

No wildcards are given in World Championships.

Competiton Programme (example)

Day 1	Day 2	Day 3
Afternoon <u>Speed Women:</u> Qualifications (1 or 2 runs) <u>Freestyle Men:</u> Qualifications (1 or 2 runs)	<u>Freestyle Women:</u> Qualifications (1 or 2 runs) <u>Speed Men:</u> Qualifications (1 or 2 runs) <u>Speed Women:</u> Semi-Finals <u>Freestyle:</u> Finals Men <u>Speed Women:</u> Finals Medal Awards	Afternoon <u>Speed:</u> Semi-Finals Men <u>Freestyle:</u> Finals Women <u>Speed:</u> Finals Men Medal awards

The programme is subject to change depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

Art. 3.2 Rights of participation and size of delegations

All NFs in good standing are entitled to participate in all four categories with a full team of 8 athletes.

The size of delegation is as follows: (does not include athletes invited by FIG and approved by NF).

	Speed	Freestyle	Total max*.
Athletes men	0 - 4	0 - 4	8
Athletes women	0 - 4	0 - 4	8
Head of delegation			1
Coach	1	1	2
Medical / Paramedical	1	1	2

*Athletes have the right to participate in both events.

Art. 3.3 Programme

The Qualifications, Semi-Finals and the Final are carried out according to the provisions mentioned in art. 1.

ART. 4 TIE BREAKING RULES

Art. 4.1 Tie-breaking rules for the speed ranking

Time is measured in 1/1000th of a second and shown in 1/100th of a second.

If there is a tie, the tie will be broken by using the next digit (1/1000th of a second).

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

Art. 4.2 Tie-breaking rules for the freestyle ranking

In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by the following criteria:

1. The higher score for E (Execution)
2. The higher score for D (Difficulty)
3. The average of all judges' scores given for E (Execution), without eliminating the highest and the lowest score
4. The average of all judges' scores given for D (Difficulty), without eliminating the highest and the lowest score

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Speed Final, the ties must be broken by a draw.

ART. 5 REGISTRATION CHANGES

After the drawing of lots, no athlete can be added. No additional athlete may appear on the Nominative Registration and at accreditation.

Between the Nominative registration and accreditation / 24 hours prior to the start of competition

If any athlete gets injured or ill between the Nominative Registration and the Accreditation / 24 hours prior to the start of the competition, the injured or sick athlete can be replaced, and another athlete can be accredited. An updated nominative list has to be established by FIG. The replacement athlete must compete in the category the replaced athletes was registered for.

Less than 24 hours prior to the Qualifying Event

Less than 24 hours prior to the beginning of the Qualifying Event, no new accreditations can be delivered. The 24 hour's period is the one which precedes the start of the day of qualification of the respective athlete.

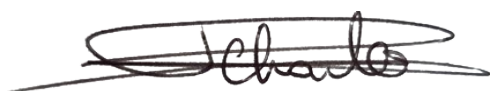
Semi-finals (speed) and Finals (speed and freestyle)

Qualified athletes for each of the Semi-finals / Finals may be replaced by their NF with one of its other athletes, provided that the said replacement has obtained a superior result to that of the first athlete of reserve. The replacement athlete will fill the position in the draw of the replaced athlete. This change must be made by informing the LOC. The deadline for announcing this change depends on the competition schedule and will be mentioned in the Workplan and at the Orientation meeting.

Reserve athletes for all types of Semi-Finals / Finals

Three (3) reserve athletes are designated for each of the finals and semi-finals (speed), taking into account the list of results of Qualifications. If called upon, a reserve works in accordance with the order of the athlete replaced. Reserves must be prepared to compete and present in case they are called upon.

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