



PER SJÖSTRAND

Candidate for President of the UEG TeamGym Technical Committee
Candidate for member of the UEG TeamGym Technical Committee

Per Sjöstrand started his gymnastics training at an early age, and was active as a TeamGym gymnast on national and Nordic levels. He later became a skilled coach and judge.

Per's professional background is in electrical engineering, with more than 20 years of experience in the field of microwave electronics. He currently serves as technical product manager at a large international company.

Per has been a member of the Swedish TeamGym Technical Committee since the mid-1990s, and has in that role been deeply involved in the rapid growth and development of TeamGym in Sweden. A lot of effort has been put into the development of the national competition format and education system.

He has been holding an international TeamGym brevet since 1998, and regularly educates both coaches and judges on national and international levels. His gymnastics career also includes several positions on committees and in working groups.

Per has been the president of the UEG TeamGym Technical Committee for the past four years, and he has been a member of the committee since 2009. During Per's presidency, the committee has been very active in terms of

- further developing the TeamGym Code of Points and competition format to benefit gymnasts, spectators, the media and sponsors
- developing a three-level system for the education of TeamGym coaches
- stimulating and supporting the development of TeamGym among the UEG member federations
- promoting TeamGym outside Europe

Per is committed to furthering the development and growth of the sport in Europe and to supporting the discipline in other FIG countries.

UEG CONGRESS 2017 ABOUT SWEDISH GYMNASTICS

Swedish Gymnastics is multifaceted, and via our 250,000 members, we represent everyone from children's gymnastics to senior citizen exercise. We facilitate the many different forms of expression gymnastics can take, including competitive and fitness training gymnastics. We view our diversity as our strength, and together we enable all forms of gymnastics to take place.

We take a unified approach to how we believe Swedish Gymnastics should be run – an approach that is represented in our development model and its key factors. The powerful development force that Swedish Gymnastics represents is based on our member associations. They are the driving force behind our forward progress supported by our democratic structure and policies. The key to everything we do is to enjoy what we do, to accept that not everyone wants to do the same thing and treat each other with mutual respect. Our values and associated code of conduct are the foundation of everything we do.

// TeamGym is the biggest discipline within Swedish Gymnastics and this is largely thanks to Per Sjöstrand. The federation fully supports Sjöstrand's candidature, and considers him to be a key figure in the development of TeamGym internationally. At a time when many countries are developing TeamGym, Sjöstrand's wide ranging ability would be a great asset in the international arena.



**Swedish
Gymnastics
Federation**